

# Refugee and Asylum Seeker Psychiatric Assessment Service

A Mater Health Initiative for people from a refugee background requiring a psychiatric assessment service in a culturally safe environment in partnership with their family, GPs, counsellors, and community support services.

The service is delivered in collaboration with Mater Refugee Complex Care Clinic (MRCCC) and Mater in Mind.

## SERVICES INCLUDE:

- Diagnostic assessment
- Medication review
- Management plan
- Ongoing care and review
- Liaison & feedback with GPs and other health providers.

## WHO CAN REFER?

- General Practitioners
- Community organisations providing care to clients from a refugee background (with GP referral if patient has Medicare).
- Patients can also be referred by QPASTT and other NGOs in consultation with a primary care service.

## HOW TO REFER

Use the online referral forms found at:  
[www.materonline.org.au/mrccc](http://www.materonline.org.au/mrccc)

- [GP Referral Form \(Word\)](#)
- GP Referral Form (rtf)
- OR fax/email a referral letter to [mrccc@mater.org.au](mailto:mrccc@mater.org.au)

Community organisations providing care to clients from a refugee background use the Referral form for community (with GP referral if patient has Medicare).

**NO OUT OF POCKET COST  
TO ANY PATIENT, REGARDLESS OF  
MEDICARE ELIGIBILITY.**

## CRITERIA

No catchment limitations.

Clients between 16 - 65 years of age from a refugee or asylum seeker background.

Require a comprehensive assessment and recommendations for treatment.

The service is intended for patients with low acuity who are able to be managed in primary care until specialist consultation.

GP referral required if Medicare eligible.

## THE SERVICE IS UNABLE TO:

- Accept referrals directly from tertiary mental health or other specialist services.
- Deal with psychiatric emergencies such as acute suicidality, severe disturbance of behaviour or other high risk situations.
- Provide court reports
- Provide domestic violence/family conflict support.

**For more information:**

[mrccc@mater.org.au](mailto:mrccc@mater.org.au) or **Ph:** 3163 2880/8559