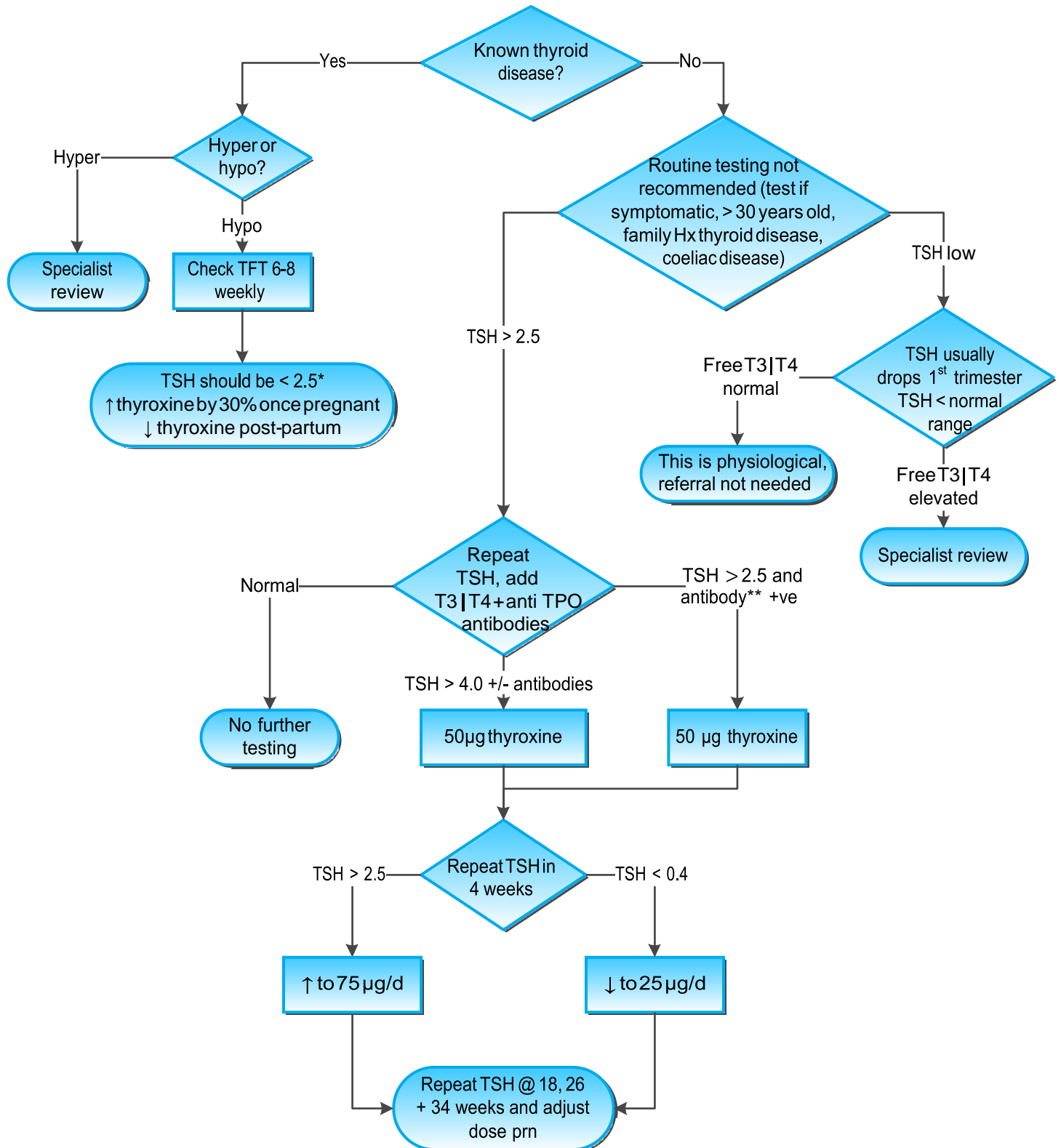


# Thyroid Management in Pregnancy



\* If TSH > 10 and/or Free T4 below the pregnancy reference range, arrange urgent referral to specialist in addition to commencing/increasing thyroxine

\*\*Anti-thyroid peroxidase antibodies

The NHMRC recommends that all women who are pregnant, breastfeeding or considering pregnancy, take an iodine supplement of 150 micrograms each day (available in most pregnancy multivitamins or in combination with folate)