

Generally Speaking

EDITION 3, JUNE 2012

Mater Misericordiae Health Services Brisbane Limited ACN 096 708 922. Raymond Terrace, South Brisbane, Qld 4101 ■ www.materonline.org.au



Mater Women's Health Carnival

Saturday 13 to Sunday 14 October 2012, Sheraton Mirage Resort and Spa

Join Mater on an adventure to the Gold Coast, Rio style, for the 2012 Women's Health Carnival.

In October, the newly renovated Sheraton Mirage Resort and Spa—Gold Coast's only five star resort offering an absolute beachfront location—will be transformed into a Rio Carnival. Promising to be a weekend full of fun festivities allowing you to unwind and enjoy the best the Gold Coast has to offer. Attractions include: Marina Mirage shopping village, spa facilities, fitness centre, lap pool and outdoor heated pool and beachfront access to

Main Beach at your fingertips. The children will also have a ball on the hotel's tennis courts and enjoy exclusive access to their own pool.

But it can't all be about maracas and feathers. The 2012 Mater Women's Health Carnival will showcase Mater specialists delivering high quality education with a focus on women's health. As it is a carnival atmosphere we have allowed time for you to get close and personal by meeting the specialists to ask any questions and discuss cases.

PROGRAM: General Women's Health

Saturday 13 October 2012			
9.30 am to 10 am	Delegate registration and morning tea		
10 am to 10.15 am	Welcome		
10.15 am to 11.05 am	Obstetrics		
11.05 am to 12 pm	Obstetrics	Obstetrics	
12 pm to 1 pm	Lunch and meet the specialist		
1 pm to 1.45 pm	Maternal fetal medicine	Cardiac – advanced life support	
1.45 pm to 2.30 pm	Neonatology		
2.30 pm to 3 pm	Financial business management		
3 pm to 3.30 pm	Afternoon tea and meet the specialist		
3.30 pm to 4.15 pm	Cervical cancer	Cardiac – advanced life support <i>continued</i>	
4.15 pm to 5 pm	Cervical cancer Paediatrics		
6.30 pm to 9.30 pm	Conference dinner		
Sunday 14 October 2012			
8.15 am to 8.30 am	Delegate registration		
8.30 am to 9.05 am	Breast		
9.05 am to 9.50 am	Breast		
9.50 am to 10.30 am	Breast	Breast	Cardiac – advanced life support
10.30 am to 11 am	Morning tea and meet the specialist		
11 am to 11.40 am	Breast		
11.40 am to 12.25 pm	Breast	Breast	Cardiac – advanced life support <i>continued</i>
	Gynaecology		
12.25 pm to 1.10 pm	Gastroenterology		
	Gynaecology	Gynaecology	
1.10 pm to 2.10 pm	Lunch and meet the specialist		

PROGRAM: Shared Antenatal Care Alignment

Saturday 13 October 2012	
9.30 am to 10 am	Delegate registration and morning tea
10 am to 12 pm	Case work – First trimester screening, management of obesity in pregnancy, and current best-practice antenatal care
12 pm to 12.40 pm	Delegate lunch
12.40 pm to 2.40 pm	Case work – Physiotherapy in Pregnancy – Early interventions
2.40 pm to 3 pm	Afternoon tea
3 pm to 4.40 pm	Case work – Early Pregnancy Assessment Unit, common antenatal presentations and complications
4.40 pm to 5 pm	Questions and feedback
6.30 pm to 9.30 pm	Conference dinner

PROGRAM: Shared Antenatal Care Advanced Alignment

Saturday 13 October 2012	
9.30 am to 10 am	Delegate registration and morning tea
10 am to 12 pm	Case work – Changes to antenatal recommendations over the past three years
12 pm to 12.40 pm	Delegate lunch
12.40 pm to 2.40 pm	Case work – Pre conception care, models of care, neonatal examination and infertility
2.40 pm to 3 pm	Afternoon tea
3 pm to 4.40 pm	Case work – Post partum examination and breast feeding
4.40 pm to 5 pm	Questions and feedback
6.30 pm to 9.30 pm	Conference dinner

REGISTRATION To register please visit materonline.org.au and click on Events.

FURTHER INFORMATION For further information please contact Rachel Perkins on telephone 07 3163 6638 or email rachel.perkins@mater.org.au.

Generally Speaking is produced by Mater Health Services' Marketing Department.
 ■ www.materonline.org.au Please forward comments or questions to Miranda Hunt via email miranda.hunt@mater.org.au or call 07 3163 1195.


Exceptional People. Exceptional Care.



CEO's Message

This July will mark the end of an era when Professor John McAuliffe retires from his role as Chairman

of the Board at Mater Health Services. John has served Mater for more than 30 years in governance and advisory roles.

John's extraordinary tenure exemplifies his commitment to community service and his abiding affection and loyalty to the Sisters of Mercy. The past 11 years have been a time of great change and growth at Mater and John has played a major part in our development of services and facilities.

Our new Board Chairman will be Mr Brian Flannery who has been Deputy Chair of the Board and Chair of the Mater Board's Finance Committee since 2001. I congratulate Brian on his appointment and thank him for accepting this role and providing Mater with strong consistent leadership and governance.

Many more exciting times and challenging times lie ahead but one of our major achievements this year is the launch of Mater's Shared Electronic Health Record (EHR). Mater Shared EHR is now live and means Mater has been able to deliver on a strategy which has been developing for the past four years.

The launch of this system will ensure maternity patients, GPs and specialists can share information electronically so that all health information relating to a woman's maternity record is available at any time (pages 4 and 5).

The opening of Mater Health Centre Hope Island is an exciting development and sees us move into new territory (page 2), Mater Private Hospital Redland plans to purchase a 'Gamma Probe' (page 6) and a new paediatric feeding service at Mater Health and Wellness is discussed (page 8).

In October, Mater will be again holding a Women's Health Conference, a previously popular event and one which is sure to be insightful as well as enjoyable. I urge you to take the opportunity to attend.

Regards,
Dr John O'Donnell
CEO Mater Health Services



Mater Health Centre Hope Island opens its doors

Mater Health Services' multidisciplinary health centre at Hope Island has opened its doors for business.

The centre, off Broadwater Avenue, currently offers physiotherapy, podiatry, dentistry, Mater Pharmacy and a Mater Pathology collection centre with Queensland X-Ray due to open in September.

A range of Mater specialists have committed to visiting the centre at Hope Island on either a fortnightly or monthly basis, including:

- Orthopaedic surgeons Dr Ivan Astori, Dr John Radovanovic and Dr Cameron Cooke
- Form and Function Plastic and Reconstructive Surgeon Dr Raymond Goh
- Mater Private Breast Cancer Centre General Surgeon Dr Jason Lambley
- Brisbane Clinical Neurosciences Centre's Neurosurgeon Dr Rob Campbell
- Mater Hill Gastroenterology's Dr Mazhar Haque
- Queensland Cardiovascular Group's Cardiologists Dr Aleksandra Lange and Dr Przemek Palka
- Oral and Maxillofacial Surgeon Dr Ben Erzetic
- Moreton Bay Obstetrics and Gynaecology Dr Micheal Mastry and Dr Matt Macbeth

Local consultations will be offered by Mater specialists with surgical services available at Mater private hospitals in South Brisbane and Redland providing patients with access to world class private hospital facilities and services.

Mater Private Hospital Brisbane and Redland Executive Director Don Murray said Mater is delighted to become part of the northern Gold Coast region and is committed to building a healthy community by delivering a comprehensive range of health care services to local residents.

For more information about specific services please visit mater.org.au/hopeisland.

Mater Health Centre Hope Island, 8 Halcyon Way, Hope Island



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Which Doctor?

Dr Timothy McMeniman
Specialty: Orthopaedic Surgeon

Dr Timothy McMeniman is an orthopaedic surgeon trained in Queensland who specialises in treating sports injuries of the lower limb, knee arthroscopy and joint replacement of the knee and hip.

Dr McMeniman was educated in Brisbane and completed his medical degree at the University of New South Wales, Sydney. He completed advanced training in orthopaedics in Queensland, obtaining his Fellowship of the Royal Australasian College of Surgeons (FRACS) in 2010.

In 2011 he trained with Mr Andrew Williams and Mr Jonathan Lavelle as the Knee Fellow at Chelsea and Westminster and The Lister Hospitals in London focusing on the management of complex knee injuries and injuries in professional athletes.

Subsequently, he was the Sports Medicine Fellow with Dr Peter Myers at Mater Adult Hospital. His experience here covered sports orthopaedics and reconstructive knee surgery, including meniscus preservation and transplantation and joint replacement.

Dr McMeniman has an ongoing active role in teaching and research holding a position as Senior Lecturer at the University of Queensland. He has published and presented research both nationally and internationally. Dr McMeniman works publicly at Mater Adult Hospital and privately at Mater Private Hospital Brisbane.

To book an appointment for your patients with Dr McMeniman please contact his rooms on **07 3839 5095** or Fax **07 3834 6637**.



Which Doctor?

Dr Biju Paul
Specialty: Internal Medicine Physician

Dr Biju Paul is an Internal Medicine Physician with an interest in cardiovascular medicine.

Dr Paul graduated from the Christian Medical College, Vellore in 1999. He completed his basic physician training in the National Health Service in the UK and his advanced training as a specialist physician at Flinders Medical Centre, Adelaide.

He proceeded to complete his PhD in pharmacological interventions in heart failure and coronary artery disease at Flinders University, Adelaide. Having worked at the Prince Charles Hospital, he now practises at Mater Private Hospital Brisbane.

His special interests include management of multi-organ clinical conditions and cardiovascular medicine.

Referrals can be made to Dr Paul at:

Mater Private Specialist Consulting Suites, Mater Medical Centre, Suite 15, Level 6
293 Vulture Street, South Brisbane Qld 4101

Telephone: **07 3010 5780** Facsimile: **07 3010 5781**



■ | Mater Shared EHR —the future is here!

Mater Patient Portal went live this month following outstanding results from user testing. Mater Patient Portal is the gateway to Mater Shared Electronic Health Record (EHR) and will enable pregnant women to share maternity information with Mater Mothers' Hospital staff, their GP, and their private obstetrician.

Any pregnant women who attends their first antenatal appointment with a midwife (public patients) or has their antenatal phone interview with a midwife (private patients) is eligible to register for a Mater Patient Portal account.

Using any electronic device with an internet connection such as a smart phone, laptop or iPad, women can create an account with Mater Patient Portal and through this account access their online pregnancy health record as well as tailored health information such as Mater Mothers' Hospital brochures and relevant external websites. Women will also be able to view their antenatal appointment schedule, enter birth preferences and submit admission forms online.

The launch of Mater Patient Portal coincides with the upgrade of Mater Doctor Portal to version 2.0. Through Mater Doctor Portal 2.0, GPs and private obstetricians will be able to view their patients' antenatal record and birth preferences as well as practice documents shared from their Medical Director 3, Best Practice or Genie practice systems.



Although many women and GPs are anticipated to adopt the Mater Shared EHR, some may choose not to. Those that choose to continue to use a paper based record will be using a modified version of the Queensland Health issued "blue folder". This revised Mater Pregnancy Health Record consists of a six page booklet in a dark blue folder that identifies a woman as a "Mater Mum". More information about the new Mater Pregnancy Health Record can be found in the article Changes to the Pregnancy Health Record on page 5.

Information about Mater Patient Portal and Mater Shared EHR will be sent to practices in the coming weeks. If you would like to know more about the Mater Shared EHR, including how to join, please email MaterSharedEHR@mater.org.au or call **1800 228 470**.

■ | Mater Aged Placement Service

Mater Aged Placement Service (MAPS) is an aged care placement and advisory service, which helps those requiring assistance with the transition to an aged care facility.

Referrals are accepted from GPs to provide tailored assistance to secure an aged care facility for clients.

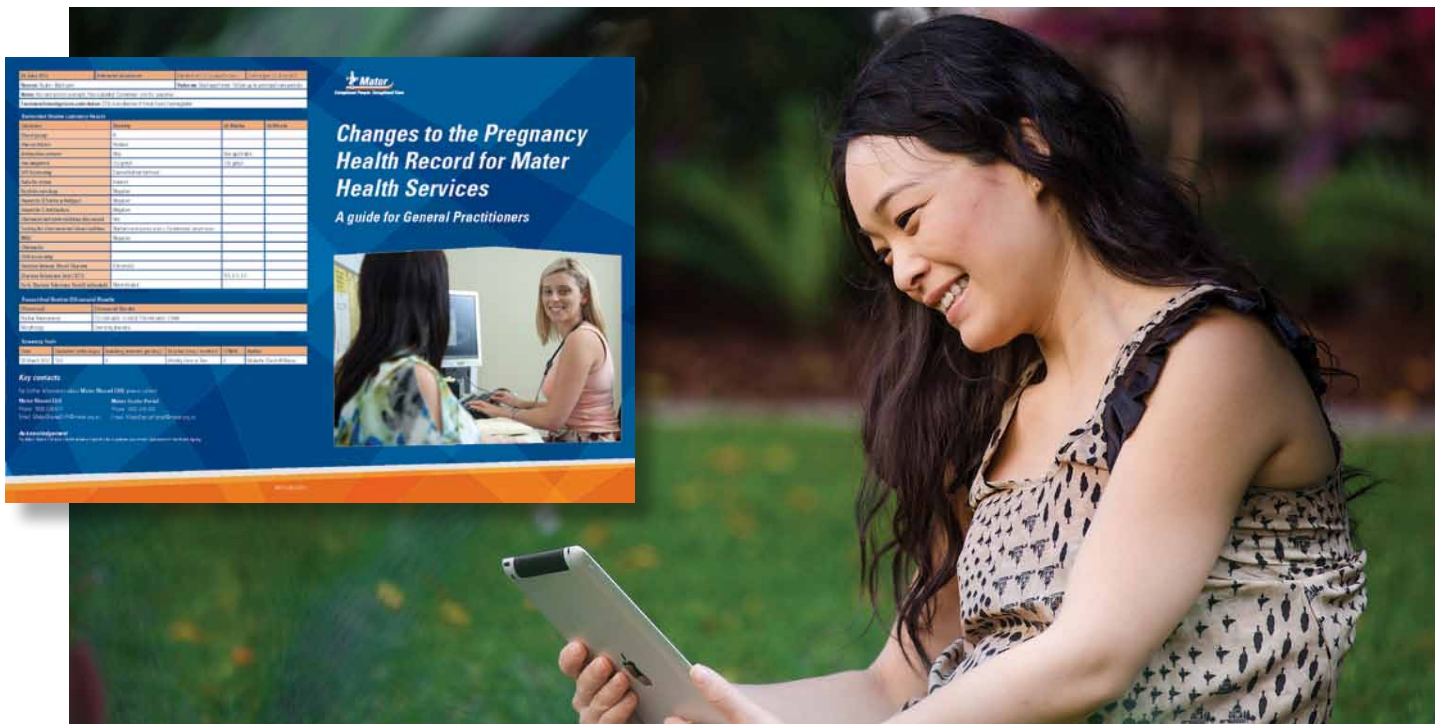
MAPS staff liaise with, and refer to, aged care assessment teams, who are responsible for assessing eligibility for aged care placements. The team can also assist in completing any necessary paperwork, including application and asset forms for up to five aged care facilities, and provide ongoing liaison until a suitable aged care placement is secured.

The standard fee for Mater Aged Placement Service is \$650. However, people with more complex care needs may require additional services.

The MAPS team is made up of experienced professionals who work within the Australian Association of Social Workers code of ethics, alongside caring support staff who assist with more practical aspects of the process.

Mater Aged Placement Service is a service within Mater Health Services and has no formal affiliation with any aged care facilities and is not paid or remunerated by such facilities.

For further information about Mater Aged Placement Service, please phone **07 3163 3866** or email MAPS@mater.org.au.



Changes to the Pregnancy Health Record

In conjunction with the launch of Mater Shared Electronic Health Record (EHR), an online pregnancy health record, the existing paper based Pregnancy Health Record has been modified to provide more relevant information to both clinicians and the women they care for.

The revised Mater Pregnancy Health Record has been adapted from the existing Queensland Health document, also known as “the blue book”. From the end of June, pregnant women who attend their ‘booking in’ visit at Mater Mothers’ Hospital will be given a new dark blue folder. This dark blue folder will enable GPs to easily distinguish a Mater mother from a woman booked in to deliver at a Queensland Health hospital.

The eight page leaflet inside the new dark blue folder will contain:

- a modified front page with:
 - > relevant phone numbers
 - > contact details for Mater’s GP Liaison Midwife
 - > Anti D prophylaxis record
 - > recommended antenatal schedule details.
- important information about signs of labour and problems
- Consent to Carry
- an adapted birth preferences page
- ‘What to Bring to Hospital’ checklist
- mother’s notes
- glossary of terms
- useful information websites and phone numbers
- blank appointment page.

The new Mater Pregnancy Health Record folder will also include:

- an attachment for Shared Care GPs to document visits
- a separate print out of Mater Mothers’ Hospital antenatal history summary
- a separate print out of the new Antenatal Record including:
 - > issues and plans recorded by Mater clinicians
 - > antenatal visits in chronological order
 - > relevant antenatal hospital presentations to the Pregnancy Assessment and Observation Unit, Maternal Fetal Medicine Unit and antenatal hospital admissions
 - > routine laboratory and ultrasound results table
 - > screening tool results table (EPDS/Tobacco and Alcohol).

Women and GPs who choose to share their information electronically using Mater Shared EHR will also receive a hard copy of the modified front page. Additional forms for Shared Care Visit Notes, the Tobacco Screening Tool, and the Alcohol and Drug Screening Tool can be downloaded by GPs from www.materonline.org.au.

A brochure about Mater Shared EHR and the changes to the Pregnancy Health Record will be sent to GPs in the coming weeks. Should you or your practice have any questions about the new Mater Pregnancy Health Record or Mater Shared EHR, please email MaterSharedEHR@mater.org.au or call 1800 228 470.

Gamma Probe for Mater Private Hospital Redland

Mater Private Hospital Redland is planning to purchase a new piece of equipment for patients with cancer following a successful capital campaign which raised \$100 000 this year.

Surgeons Dr Tom O'Rourke and Dr Jason Lambley hope to use the 'Gamma Probe' for sentinel lymph node biopsy associated with melanoma excisions and also on breast cancer patients to identify which lymph nodes are likely to be affected by cancer.

"Patients are injected with a small dose of radioactive fluid—less than the exposure from an X-ray—which travels from the tumour site to the draining lymph nodes just as a cancer cell might," Dr Lambley said.

"Using a small hand held probe, we can then scan the relevant groin or arm pit lymph nodes and when the probe detects the radioactive agent, it emits an audible tone, signalling the exact location for a small surgical incision.

"If these first draining lymph nodes are clear of cancer cells then we can avoid removing all of the other adjacent lymph nodes and reduce the risk of significant long term side-effects."

Mater Private Hospital Redland Director of Clinical Services Tracey Hutley

said she was very grateful to the community for their generous donations towards purchasing the 'Gamma Probe'.

"We are delighted that our capital campaign has been so successful and that this piece of equipment will potentially mean less invasive surgery for our patients.

"Traditionally at the time of surgery a patient may need to have many lymph nodes removed in an effort to determine whether the breast cancer or melanoma has spread," Ms Hutley said.

"This usually involves more extensive surgery with a larger excision and a longer recovery period and can also mean a higher likelihood of developing complications such as lymphedema and wound infection.

"By purchasing this piece of equipment, our surgeons would be able to avoid these long term complications by minimising the number of lymph nodes removed, rather than removing them all."

Mater Pathology—new collection centres now open

Mater Pathology's new Hope Island collection centre opened in mid-May at Mater Health Centre Hope Island at the same time as a new centre at Logan Central Plaza.

Both new centres will help continue the Mater Pathology tradition of providing qualified collectors experienced in the collection of adult, maternity, paediatric and neonatal tests.

Mater Pathology also has an extensive home collection service. This service can be fully bulk billed and is available for most residents in Brisbane's greater south region. Home collections can be booked by telephoning **07 3163 8500**, and operates from 7 am to 5 pm Monday to Friday. A full list of suburbs serviced by our home collection service is available at mater.org.au/pathology

Mater Pathology's other collection centres are located at Alexandra Hills, Annerley, Beenleigh, Capalaba, Chermshire, Cleveland, Coorparoo, Deagon, Eatons Hill, Inala, Ipswich, Kallangur, Kedron, Keperra, Logan (Wembley Road), Macleay Island, Oxley, Rochedale, Russell Island, South Brisbane, Springfield, Springwood, Sunnybank Hills and Yamanto.

Mater Pathology has more than 90 years experience as Queensland's leading not-for-profit pathology provider, reinvesting revenue back into improving health care.

New collection centres

Mater Pathology

Mater Health Centre Hope Island
8 Halcyon Way, off Broadwater Avenue, Hope Island
Open Monday to Friday 7.30 am to 3.30 pm
Closed 12 pm to 12.40 pm daily
Telephone: **07 5635 4050**

Mater Pathology Logan Central collection centre

Logan Central Plaza, 74 Wembley Road, Logan
Open Monday to Friday 7 am to 5 pm
Closed 12.30 pm to 1 pm daily
Open Saturday 7.30 am to 11.30 am
Telephone: **07 3299 4343**

For all enquiries, all hours phone **07 3163 8500** or email pathology.enquiries@mater.org.au.



High-tech simulation unit now open

Mater has unveiled a new high-fidelity clinical learning environment to provide a state-of-the-art simulation centre for its health professional students.

Mater Education Practice Improvement Centre (MEPIC) facilitates simulation-based learning with a family of mannequins and part-task trainers used to simulate a wide range of scenarios to which students must respond as they would in a 'live' situation.

The centre's aim is to facilitate competency and skill development in students and staff as well as improving how they work together and communicate within inter-professional teams, just as they would in the clinical area.

The overall goal is to assist in reducing clinical risk, improve patient safety and contribute to optimal patient outcomes. MEPIC also provides a standardised and controlled research environment for the continuous improvement of patient care delivery.

Mater Health Services Director of Learning and Development Donna Bonney said the focus of the centre was on the development of health professionals and inter-professional teams, patient or woman centred care, and patient safety.

"We have set expectations that the learners will treat the mannequin as they would any patient of Mater Health Services in accordance with our values," Ms Bonney said.

"The goal for immersive simulation is to improve communication and performance within the inter-professional team, but we also aim to simultaneously improve the interactions with our patients."

MEPIC has received funding from Health Workforce Australia for this project. This funding is an Australian Government initiative.



Inducing labour may prevent stillbirth

Mater researchers are leading the way in obstetric research, with the results of a recent study into reducing the risks of stillbirth for older women published nationally.

The study, which included research by Mater's Director of Obstetrics and Gynaecology Dr Michael Beckmann, found women aged 40 years and older have a higher risk of stillbirth than younger women.

"Tragically stillbirth can happen in any pregnancy; it occurs approximately once in every 1000 otherwise uncomplicated pregnancies after 37 weeks gestation," Dr Beckmann said.

But for women aged 40 years or older this happens approximately once in every 350 otherwise uncomplicated pregnancies around term.

The study reported that induction of labour at or before 40 weeks may help reduce the risk of stillbirth, without significantly increasing the likelihood of birth by caesarean section.

However, several other important risk factors associated with stillbirth were identified including smoking and having a pregnancy where baby's growth has slowed.

"Addressing these factors is also important if we are to reduce the risk of stillbirth," Dr Beckmann said.

The study of more than 77 000 births from 1998-2000 drew upon Mater's extensive database of routinely collected maternity data—which is the largest in Australia.

"While there have been large international studies looking at risk factors for stillbirth (including maternal age), very little had been published based on Australian data," Dr Beckmann said.

"In trying to understand if maternal age is a factor that might be associated with stillbirth, it is essential to have a very large dataset with many births.

"The study is an example of how our data systems can be used to answer important clinical questions and help to improve the quality of care for women having a baby at Mater."

■ | New paediatric feeding clinic now open

In March Mater Health and Wellness opened a private multidisciplinary paediatric feeding clinic.

The clinic provides assessment and intervention for babies and children who are experiencing feeding and swallowing difficulties.

The clinic is staffed by highly qualified speech pathologists, dietitians and occupational therapists who have extensive experience in the treatment of paediatric feeding and swallowing disorders.

Conditions addressed in this clinic include:

- delayed attainment/development of feeding skills
- swallowing disorders (private modified barium swallow assessment are available as required)

- infant feeding difficulties, including formula choice and nutrition for breastfeeding
- fussy eaters
- support for autism spectrum disorders (approved providers Helping children with Autism initiative)
- support for older children with disabilities.

The Mater Health and Wellness paediatric feeding clinic is located on level 3, Mater Children's Hospital. For further information, phone **07 3163 6000** or visit wellness.mater.org.au.



Endometriosis, Gestational Diabetes and Preconception Care GP education evening

Mater Health Services invites you to join your colleagues over complimentary dinner and drinks for a dynamic education evening delivered by Mater's leading specialists.

DATE AND TIME		PROGRAM	
DATE AND TIME	Tuesday 31 July 2012, 6.30 pm to 9 pm	TIME	SESSION
VENUE	Conference room, Level 1, Mater Medical Centre, 293 Vulture Street, South Brisbane	6.30 pm–7 pm	Registration and dinner
PARKING	Close parking is available in the Mater Medical Centre car park located at 293 Vulture Street South Brisbane. Parking will be validated for you.	7 pm–7.30 pm	Dr Rob Butler – Obstetrician and Gynaecologist: Endometriosis: Impact, diagnostic dilemmas and management
ACCREDITATION	RACGP Quality Improvement and Continuing Education program for the 2011-2013 triennium (4 Category 2 points).	7.30 pm–8 pm	Dr Paul Conaghan – Obstetrician and Gynaecologist: Gestational diabetes update
		8 pm–9 pm	Dr Michael Beckmann and Dr Lucas McLindon – Obstetrician and Gynaecologists: Preconception care and infertility

TO REGISTER

Please complete the information above and fax to **07 3163 6142** or email sara.mcdonald@mater.org.au.

FURTHER INFORMATION

Please contact Sara McDonald on **07 3163 1036** or email sara.mcdonald@mater.org.au. You can also visit materonline.org.au and click on 'events' for Mater's full 2012 GP Education Program.

Leading the way in GP education



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