

GENERALLY SPEAKING

EDITION TWO APRIL 2013



**BELOW
ZERO**

MATER'S WINTER GP EDUCATION CONFERENCE 15 – 16 JUNE 2013

MATER'S WINTER GP EDUCATION CONFERENCE | BELOW ZERO°

Saturday 15 to Sunday 16 June 2013, Surfers Paradise Marriott Resort & Spa

Mater Health Services invites you to join your colleagues for a luxurious Winter escape and an informative two-day education program at the renowned, five star Surfers Paradise Marriott Resort and Spa.

Warm up with hot topics including advanced and basic life support, cancer, cardiology, cardiac surgery, emergency medicine, gastroenterology, immunology, neurosurgery, orthopaedics, radiology and vascular surgery.

You can also gain valuable RACGP points in the final year of the 2011 to 2013 triennium.

Mater's award-winning conferences continue to lead the way in GP education, featuring world class specialists delivering interactive and didactic sessions, along with exceptional networking and social events.

We look forward to welcoming you to a wonderland of exceptional education this Winter.

Saturday 15 June 2013

9.30 am to 10 am	Delegate registration and morning tea
10 am to 10.15 am	Welcome
10.15 am to 12.15 pm	Emergency Medicine
12.15 pm to 1 pm	Lunch and meet the specialists
1 pm to 2.30 pm	Gastroenterology and Paediatric Gastroenterology
2.30 pm to 3 pm	Afternoon Tea and meet the specialists
3 pm to 3.30 pm	Obesity
3.30 pm to 4.30 pm	Infectious diseases
4.30 pm to 5 pm	Immunology
7 pm to 10 pm	Winter Wonderland Gala Dinner

Sunday 16 June 2013

8.15 am to 8.30 am	Delegate registration
8.30 am to 10.30 am	Orthopaedics Advanced Life Support
10.30 am to 11 am	Morning tea and meet the specialists
11 am to 1 pm	Cancer Advanced Life Support continued
1 pm	Lunch and meet specialists

Mater's GP Education Conference will be submitted to the RACGP for point allocation for Quality Improvement and Continuing Education program for the 2011-2013 triennium (40 Category 1 points). The outcome of this application will be published at a later date.

FULL DELEGATE REGISTRATION - \$480 INC GST

- Two-day conference registration (Saturday and Sunday)
- One night accommodation in a hinterland view guest room
- Gala dinner for two on Saturday evening
- Breakfast for two on Sunday

Additional registration options available.

REGISTRATION

To register, please visit Mater's online registration portal located at www.materonline.org.au.

This easy-to-use system will allow automatic confirmation of your attendance along with payment and receipt facilities.

For further information please contact Rachel Perkins on telephone 07 3163 6638 or email rachel.perkins@mater.org.au



GENERALLY SPEAKING

SHARE YOUR BEAUTIFUL MOMENTS WITH MATER MOTHERS

Mater is privileged to share in beautiful moments every day—from the first cry of a newborn, to cuddles with mum or dad, or baby's first bath.

These are special moments that last a lifetime.

Mater Mothers are leaders in maternity care with more than 50 years of experience and offer a number of services to assist women and their families before, during and after the birth of their baby.

In fact, one in seven Queenslanders are born at Mater Mothers—that's more than 10 000 babies—each year.

Last year, we launched a comprehensive advertising campaign celebrating 'Beautiful Moments'. This year, we are rolling out the campaign again but we are embarking on a new and exciting journey that we want Mater mothers and their families to be a part of.

We loved the beautiful moments that were shared with us and once again, we're asking the community to share their beautiful moments with us.

We're after real moments; anything that makes you smile, laugh or even brings a tear to your eye.

We hope to include these photos and footage in a video so we can share the next part of our story.

People can share their beautiful moments at facebook.com/matermothers.



UPDATED INFORMATION MAKES REFERRALS EASY

Mater Allied Health Services have introduced new referral information pages to Materonline to support GPs in providing relevant, timely and complete patient referrals.

GPs are encouraged to visit www.materonline.org.au to find out the latest information on referring patients to Mater Allied Health, including:

- available services
- contact details
- Mater Health and Wellness
- referral form.

The updated referral form will help ensure patients are appropriately triaged and those with the highest clinical need are seen without delay.

All information is easy to access and aims to provide GPs with relevant information to complete referrals to Mater Allied Health Services.

For more information visit www.materonline.org.au.



NEW ONLINE BOOKING SERVICE AVAILABLE TO MATER MOTHERS

Expectant mothers now have access to an easy online system to book their deliveries at Mater Mothers' Hospital.

Through Mater Patient Portal, expectant mothers are also able to obtain information about their pregnancy, have access to tailored public health advice and Mater Mothers' Hospital brochures as well as links to external services.

To book your delivery, simply:

1. visit www.mater.org.au and click on the Mater Patient Portal page
2. register for a Mater Patient Portal Account—only an email address and password is needed
3. once registered, complete the registration form to book-in online.

For further information please contact the booking-in service on 07 3163 8847.

WHICH DOCTOR?

DR DEEPAK ARUMUGAM

Cardiologist Dr Deepak Arumugam has recently joined the team of highly qualified specialists at Mater Private Hospital Brisbane.

Dr Arumugam completed an Honours degree in Neuroscience at Monash University, Melbourne before moving to Brisbane to finish his medical training at The University of Queensland. He trained in cardiology at The Prince Charles, Royal Brisbane and Women's and Gold Coast Hospitals.

Dr Arumugam pursued subspecialty training in cardiac electrophysiology, in particular device implantation (pacemakers and implantable defibrillators) and cardiac catheter ablation at the Royal Brisbane and Women's Hospital. He also gained experience in complex ablation (atrial fibrillation and ventricular tachycardia) during a two-year fellowship at the Royal Jubilee Hospital in British Columbia, Canada—one of the largest in North America.

Enthusiastic, friendly and approachable, Dr Arumugam is available to see patients at short notice for a comprehensive cardiac review or to provide specific heart rhythm management advice.

Referrals can be made to Dr Arumugam at:

Suite 5.11, Level 5, Mater Private Clinic
550 Stanley Street, South Brisbane Qld 4101

Telephone: 07 3360 7100



DR ANTON GHICULESCU

Dr Anton Ghiculescu is a general physician consultant and clinical pharmacologist with a particular interest in therapeutic drug monitoring.

In his final years of training Dr Ghiculescu worked in internal medicine and clinical pharmacology at the Princess Alexandra Hospital and Royal Brisbane and Women's Hospital.

As a general physician, Dr Ghiculescu assists in the management of acute and chronic medical conditions and has a particular interest in perioperative medicine.

As a clinical pharmacologist, Dr Ghiculescu has an interest in the quality use of medicines, particularly in relation to drug safety, drug interactions, adverse drug reactions and therapeutic drug monitoring (TDM).

Dr Ghiculescu's extensive training in Australia and overseas has equipped him with modern clinical skills which are used to provide patients with holistic physician care.

He consults at Mater Private Hospital Brisbane.

Referrals can be made to Dr Ghiculescu at:

Suite 33, Level 7, Mater Medical Centre
293 Vulture Street, South Brisbane Qld 4101

Telephone: 07 3163 1515



DR MAROSH VRTIK

Dr Marosh Vrtik is a highly experienced cardiothoracic surgeon, specialising in both thoracic surgery and adult cardiac surgery.

After graduating from the University of Western Australia, Dr Vrtik started his surgical training at The Royal Perth Hospital. He undertook his cardiothoracic specialist training in Queensland at both The Prince Charles Hospital and The Princess Alexandra Hospital.

Dr Vrtik has recently returned to Brisbane after completing two clinical fellowships. In 2011, he spent 12 months at The Papworth Hospital in Cambridge, UK, gaining further experience in adult cardiac surgery, focusing on mitral valve repair and percutaneous aortic valve replacements. Last year, he focused on his interest in thoracic surgery at St Vincent's Hospital in Melbourne, concentrating on Video Assisted Thoracic Surgery (VATS), including VATS lobectomy.

Dr Vrtik consults from Mater Medical Centre and operates at Mater Private Hospital Brisbane.

Referrals can be made to Dr Vrtik at:

Mater Specialist Suites, Suite 15, Level 6
Mater Medical Centre, 293 Vulture Street
South Brisbane Qld 4101

Telephone: 07 3353 5942



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ICARIS TRIAL FOR BACK PAIN IN LABOUR

For the one-in-three women who experience severe back pain during labour and birth, a new trial of sterile water injections at Mater Mothers' Hospital (MMH) presents new hope for less invasive pain relief and a natural birth.

While sterile water injections (SWI) of the lower back have been used in midwifery practice at MMH since February 2009, the new 'Impact on Caesarean Section Rates following Injections of Sterile Water' (ICARIS) trial will examine if the injections can lead to a reduction in caesarean section numbers.

Professor of Midwifery Dr Sue Kildea said the advantages of SWI during labour include that it often has an immediate effect on pain relief; has no effect on mother's state of consciousness and no effect on baby and it does not limit a mother's mobility or adversely affect the labour progress.

"It is also a simple procedure that can be administered by a midwife and repeated as needed," Prof Kildea said.

But there may be added benefits, with previous studies suggesting women who received the SWI were less likely to require a caesarean section.

"It is not clear if this is because they received the injection or because of other influences in the labour process but we hope that a large study, such as the ICARIS trial, will help to answer this question," Prof Kildea said.

The randomised, controlled trial of four intradermal sterile water injections versus a placebo will run for two years and include participants birthing at Mater Mothers' Hospital, Royal Brisbane and Women's Hospital, Ipswich Hospital, Townsville Hospital, Nambour Hospital and the Royal Hospital for Women (Sydney).

For more information on the trial, contact Project Co-ordinator Natalie Dos Santos (Wednesday—Friday) on 07 3163 6313 or Project Leader Nigel Lee on 0427 231390.



MATER RESEARCH JOINS WORLD-FIRST AUTISM RESEARCH CENTRE

Mater Research will share in \$31 million of Federal Government funding for a world-first project to assist Australians living with Autism Spectrum Disorder (ASD).

The funding will be used to establish a Cooperative Research Centre (CRC), hosted by The University of Queensland, which will draw on the expertise of researchers from throughout Australia and abroad.

Mater Research Deputy Director (Research) Professor Michael McGuckin said Developmental Paediatrician Dr Honey Heussler and Developmental Disorders Team Leader Dr Paul Dawson were instrumental in putting together Mater's portion of the bid.

"Both Dr Heussler and Dr Dawson will utilise the funding to pursue clinical and basic science research in autism," Prof McGuckin said.

The main aims of the research will be to help people living with ASD to:

- ensure early diagnosis, coupled with targeted early intervention strategies
- enable education in an appropriate environment by skilled professionals
- provide the best chance to find a meaningful and fulfilling place in society through higher education, employment and better opportunities for long-term social relationships.

UQ Deputy Vice-Chancellor (Research) Professor Max Lu said the CRC's work was expected to benefit more than one million Australians; improving their quality of life, education and employment options.

Autism Spectrum Disorder (ASD) is one of the most severe, prevalent and heritable of all neurodevelopmental disorders, affecting at least one in 100 children.