

SCOPE

Summer 2013



Mater

Exceptional People. Exceptional Care.



Welcome from the Editor

As we approach the end of another busy year, it's often time to pause and reflect on the year that was. I trust that 2013 was kind to you and you had a successful year both personally and professionally.

In *Scope*, we covered an array of stories of achievements, interesting case studies, new initiatives and celebrations. It was a pleasure sharing Mater's stories with you. In 2014, we look forward to revealing the next chapter of Mater's journey, and what a year it is shaping up to be!

If you do have any feedback for the team at *Scope* about what you would like to read about in the magazine or story ideas, please contact us, as we would love to hear from you.

Thank you for your support during the year and on behalf of the team, we wish you a very safe and happy festive season.

Best wishes

Miranda



On the cover

The sod has been turned, the land has been blessed and the earthworks are now complete with stage one construction for Mater Private Hospital Springfield scheduled to begin in early 2014. For more, see page 10.

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Thank you to those who contributed to the current edition of *Scope*.



Scope welcomes your opinion. If you have an interesting patient case or a topical issue you would like to share with your colleagues, write to us.

Please email your contributions to the Editor, Miranda Hunt at miranda.hunt@mater.org.au. Names will be published unless otherwise stated.



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A message

from our CEO

And so this is Christmas ...

Christmas already ... and I'm struggling to understand how I can be welcoming everyone to a new year one minute and, what feels like just a few short months later, wrapping up another 12 months.

But here we are and what a year it has been; there have been new beginnings with the transition of ownership of Mater from the Sisters of Mercy to a new Mercy sponsored entity—Mercy Partners; new initiatives such as Mater Private Hospital Springfield and planning for change and new growth as we prepare to farewell Mater Children's Hospital in 2014.

Speaking of which, after a long process of review and investigation, the Mater Board of Directors have approved a number of business cases which will help set the agenda for Mater's future after the transition of publicly-funded paediatric services to the Queensland Children's Hospital late next year.

The biggest of these changes is the repurposing of the Mater Children's Hospital building with a Mater Neuroscience Centre, Mater Adolescent and Young Adult Centre, Mater Adult Hospital Intensive Care Unit and the expansion of Mater Children's Private Hospital (page 24).

While Mater of the future may appear from the outside to be a very different place, inside we remain the same Mission-driven, Values-oriented expression of Catherine McAuley's vision that we have always been.

The Mater culture will survive as it always has, because of the people who have created it and who continue to live the Mater Values.

Among those people are Mater Emergency specialist Dr Stephen Walker (page 18) and Mater Private Hospital Brisbane emergency nurses Helen Grant and Simone Andrews (page 12) who have

all picked up external awards.

We also recognised the exceptional contribution of our researchers at this year's Mater Research Awards for Research Excellence (page 15) and staff across the organisation at September's Mercy Week Awards (page 19).

In other news, I would like to congratulate Mater Research, who secured more than \$6 million in funding from the National Health and Medical Research Council—one of the largest recipients of this year's funding allocation (page 6).

This money will be used to fund research programs such as 'Understanding and treating inflammatory disease', 'Discovering new drugs to facilitate blood stem cell transplantation in cancer patients' and whether a mobile phone app can enhance management of decreased fetal movements in late pregnancy and thereby reduce the risk of stillbirth.

Mater has also been reviewed from an external perspective, with the completion of our first organisational-wide accreditation review under the new National Safety and Quality Health Service Standards.

We have been accredited against the 10 national standards for four years (with the required interim two year review) and accredited against the national Mental Health Standards. My thanks go to everyone involved in this process.

Thank you for your exceptional support throughout this exceptional year. I look forward to working with you again in 2014.

I wish you all a very happy, Holy and safe Christmas.

Dr John O'Donnell
CEO, Mater Health Services



“The Mater culture will survive as it always has, because of the people who have created it and who continue to live the Mater Values.”

- Dr John O'Donnell



Sheldon students take tour of theatres

Year One pupils from Sheldon College were taken to hospital this week—but there wasn't a bump, bruise or broken bone in sight.

More than 100 children were treated to a two-hour tour of Mater Private Hospital Redland as part of their health studies at school.

Organised by Mater registered nurse, and Sheldon College parent, Anyes Wever-Angles, the tour was first held in 2008 and was an instant success.

"Children are able to visit most areas of the hospital including theatres and birthing suites and can ask questions of our staff and some of the patients who get involved," Mrs Wever-Angles said.

"They were treated to presentations from nurses, midwives, doctors, physiotherapists, occupational therapists, pharmacists and a radiographer.

"Who knows, we may have inspired a few children to become doctors and nurses in the future."

Mater Private Hospital Redland Director of Clinical Services Tracey Hutley said the annual tour was one of the highlights of the hospital's calendar—bringing a smile to staff and children alike.

Mater highlights diabetes in pregnancy

Mater research dietitian Shelley Wilkinson and research midwife Ann Peacock recently presented at the 2013 Australasian Diabetes in Pregnancy Society Annual Scientific Meeting in Sydney, which focused on common pregnancy issues.

Ms Wilkinson's presentation covered translating research into practice, focusing on translating gestational diabetes mellitus guidelines into Mater Mothers' Hospitals' antenatal clinics.

Ms Peacock, who received a travel grant award for her presentation, discussed a randomised controlled trial of combined web based pedometer and dietary intervention for women with previous gestational diabetes.

Themes and topics covered at the conference included the link between breastfeeding and reduced risk of type 2 diabetes, obesity, indigenous health and new diagnostic criteria for gestational diabetes.

Mater Education celebrates successful conference

In late September, more than 180 delegates gathered at Rydges South Bank Hotel to participate in Mater Education's two day leadership and learning program.

The annual event presents a balance of highly engaging, informative and passionate presenters with purposeful messages relevant for all healthcare staff.

Topics and themes covered this year included people and teams, innovation and clinical practice, within the overarching theme of New Frontiers and Big Ideas.

Speakers with diverse viewpoints on current and emerging practice presented including Professor Patrick McGorry, Bernard Salt, Christine Nixon and Dr Victoria Brazil.

Changes to Mater Children's Hospital Emergency Department

Mater Children's Hospital Emergency Department team recently transitioned to a new method of treating ambulatory care patients presenting to the department.

Using Lean principles, the team implemented the change to make the process as efficient as possible, and is already benefiting from the improvement.

"We've noticed already that the average time spent in the department for patients has decreased across the board since we implemented the new flow method.

"By moving to a team approach to see the ambulatory care patients we have been able to streamline our processes and ensure the best patient outcomes," Clinical Nurse Consultant, Liz Ruddy said.

The ease of this transition has been a true testament to the team's familiarity with Lean principles, and commitment to continuous improvement and change.

VMO Survey 2014

An independent survey company will again be commissioned to survey a representative cross-section of VMOs who practice at Mater in a bid to help us identify any areas for improvement and to benchmark the hospital's performance against other private hospitals.

To be conducted in the first quarter of 2014 the online survey will ensure Mater continues to partner with our VMOs to provide exceptional care for our patients now and into the future.

Please send your preferred email address to receive the online survey to lisa.dibbs@mater.org.au.



Mater a finalist for Lord Mayor's Business Awards

Mater recently received a Highly Commended award at the 2013 Lord Mayor's Business Awards. Mater was a finalist in the Energex Award for Sustainability in Business category, with Brisbane Airport Corporation taking out the award. However, Mater was one of only two entrants on the night awarded a Highly Commended.

Annabel Pike awarded Pride of Australia Medal

It's been a big year for Mater Private Hospital Brisbane Intensive Care nurse Annabel Pike.

Not only was she awarded HESTA's Outstanding Graduate Nurse and was named Mater's Graduate Nurse of the Year in 2012 but she was recently awarded the Pride of Australia Care and Compassion Medal.

The Pride of Australia Medal, hosted by News Corp Australia, recognises mentors and leaders, volunteers and pioneers, individuals of great bravery and courage and our communities' everyday heroes across a range of categories.

Three patients nominated Annabel for the coveted award.



New services, new opportunities

By Dr John O'Donnell, CEO

In 2014, after more than 80 years of providing publicly funded paediatric services, Mater will farewell Mater Children's Hospital (MCH) as we know it.

While this will be a time of great change and sadness for all of us, Mater must look to the future and plan for the changes ahead.

With this in mind, Mater Executive has been looking at opportunities to truly differentiate Mater and ensure an ongoing link to our Mission to meet the unmet needs of the community.

This unique time of change represents an opportunity to reconfigure our campus and redefine our services where we can truly lead the market in clinical service provision.

These changes can be summarised as follows:

- The re-purposing of the Mater Children's Hospital building with a Mater Neuroscience Centre, Mater Adolescent and Young Adult Centre, Mater Adult Hospital Intensive Care Unit and the expansion of Mater Children's Private Hospital.
- The efficient maximisation of theatre and bed space vacated by Neurosurgery and Neurology in Mater Private Hospital Brisbane.
- Overall approximately 40 per cent growth in activity committed by the Department of Health for adults and adolescents and young adults, and expansion of all Mater Adult Hospital services.



Over the course of the next year or so, we will celebrate the achievements of MCH and the many people who have helped to shape the service over its long history.

We will do this with a degree of sadness but with the knowledge that we have taken this decision in the best clinical interests of Queensland children.

Details of the new services:

Neurosciences Centre

Mater's long standing commitment to neurosciences started in 1954 when neurosurgeon Dr Geoff Toakley and physician Dr Peter Landy established Queensland's first neurosurgical unit at Mater.

Since then, the service has continued to grow and is now one of the largest services in Australia.

As a pioneer of the service, Mater is ideally positioned to further develop and grow neurosciences services with the incorporation of a publicly funded offering backed by a large team of integrated specialists with a wealth of experience.



The ward area will be on level 8 of the current Mater Children’s Hospital building and will include separate facilities for both private and publicly-funded beds for neurosurgery and neurology.

This service will also have an admissions desk on level 2, a welcome lounge for surgical patients on level 5 and use the epilepsy rooms on level 4.

The service is predicted to expand to 62 beds over six years.

Mater Adult Hospital Intensive Care Unit

The current Mater Adult Hospital Intensive Care Unit will move into the current 19 bed Paediatric Intensive Care Unit on level 5, Mater Children’s Hospital.

This will create capacity for growth associated with the increase in neurosurgery and has the advantage of being on the same floor as the theatres for easier transfer of patients post-surgery.

At this time it is anticipated that this unit will contain a level 5 Paediatric ICU service (see below).

Mater Children’s Private Hospital

Mater Children’s Private Hospital will continue to function in the current Mater Children’s Hospital building to ensure good proximity to Queensland Children’s Hospital.

The service will move to a newly refurbished area on level 7 and will be enhanced to meet the needs of privately insured patients and their families.

This will ensure Mater retains on-campus private paediatric support to Mater Mothers’ Private Hospital, and continues to offer care for all stages of life through neonatal, paediatric, adolescent, young adult and adult services.

Mater Children’s Private Hospital will seek to maintain the highest obtainable Clinical Services Capability Framework (CSCF) level for the services provided—likely to be level 5. All highly complex and specialised activity that would be considered CSCF level 6 (e.g. cardiac surgeries) will move to Queensland Children’s Hospital. In order to maintain a CSCF of level 5, four Intensive Care Unit beds must be staffed and equipped for paediatric patients.

Discussions are occurring with Children’s Health Queensland to determine ways in which Mater can work collaboratively on staffing and other supportive measures to ensure a high level private offering to meet the needs of Queensland families.

Inpatient bed numbers may initially reduce due to the decrease in patient complexity but are predicted to significantly expand to support service development, day surgery and growing demand over the next five years. A conservative approach has been taken in the growth of this service and it will be dependent on interest from VMOs, which has been very positive to date.

Mater Adolescent and Young Adult Centre

As Queensland Children’s Hospital becomes the tertiary centre for paediatric services, it will be critical that appropriate transition services are available for graduating patients whose conditions require ongoing clinical support. This need offers Mater the opportunity to create the Mater Adolescent and Young Adult Centre (MAYAC).

MAYAC will provide excellence in transition from paediatric services, care during the adolescent and young adult period and subsequent transition to adult services.

Care at MAYAC will feature new innovative service models for adolescent and young adult patients (aged 16 to 25) and their families that will emphasise care for their primary condition, as well as emotional health and lifestyle with the long-term goal of improving their adherence and compliance with long term treatment, decreasing future morbidity and mortality and reducing the long-term burden of their disease on them, their family and support networks and the wider health system.

MAYAC outpatient clinics will be located on level 4 of the Mater Children’s Hospital building and the inpatient beds will be on level 7. There will be 22 inpatient beds dedicated to adolescent and young adult patients.

Growth of Mater Adult Hospital

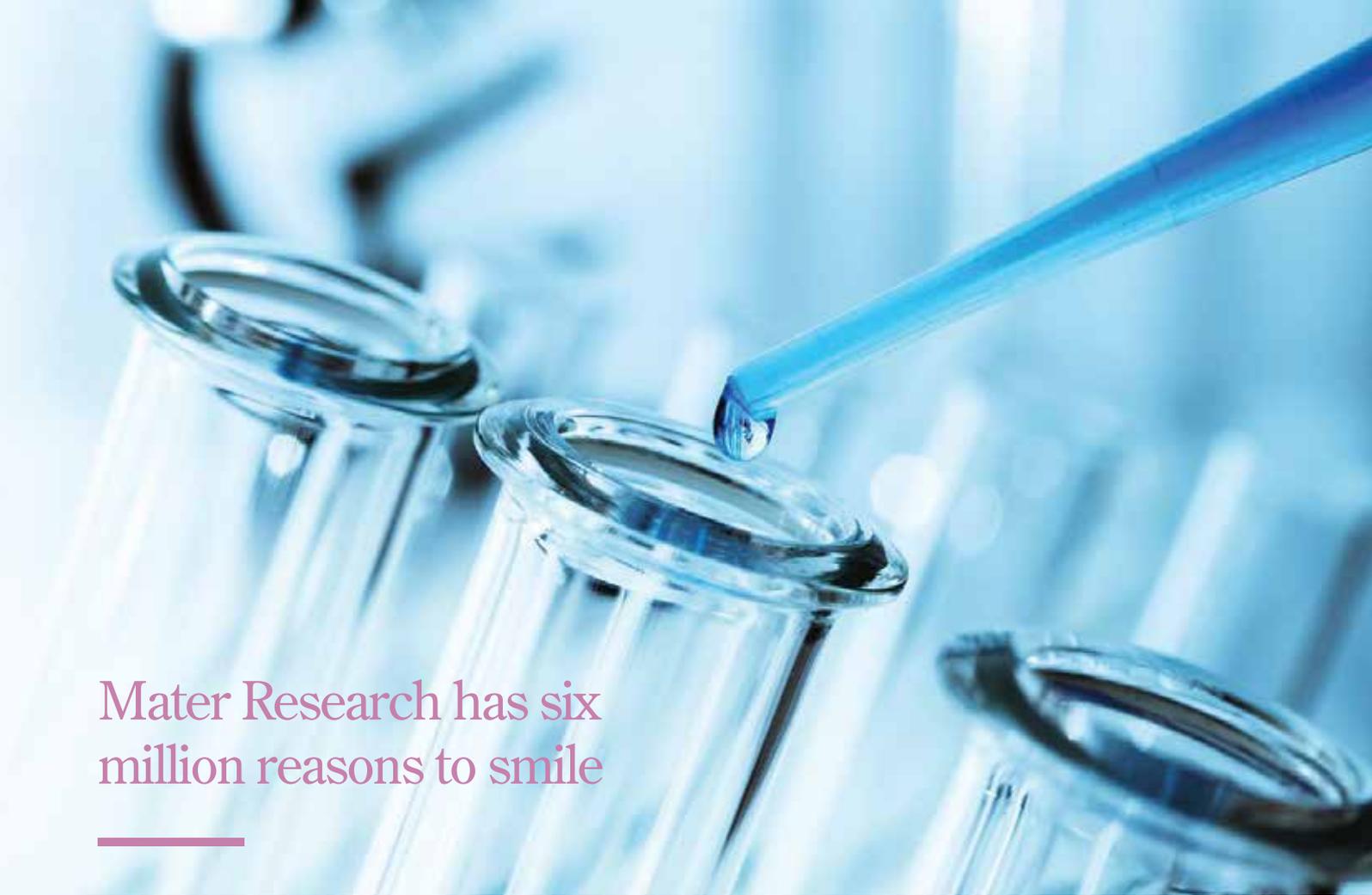
Work is underway to identify key areas of growth for Mater Adult Hospital, looking at specialties where there is high demand, capability and capacity to grow.

Growth of Mater Private Hospital Brisbane

This will be an expansion of current business to fill the beds and theatres vacated by neurosurgery and neurology.



For more information, contact either Mater Private Hospital Brisbane Executive Director Don Murray on 07 3163 1010 or Mater Adult, Women’s and Children’s Health Services Executive Director Sean Hubbard on 07 3163 8436.



Mater Research has six million reasons to smile

Mater Research has successfully secured more than \$6 million in National Health and Medical Research Centre funding, following the annual health and medical research grants announcement.

While most research institutes in Australia expect around 15 per cent of their funding applications to be approved, Mater Research has consistently performed well above this and in 2013 secured 30 per cent of the NHMRC grants it applied for.

Funded projects which will commence in 2014 include:

- * Understanding and treating inflammatory disease: led by Prof Mike McGuckin, this 'established career fellowship' focuses on inflammatory bowel disease, respiratory inflammatory disease and diabetes and seeks better treatments for patients.
- * Mucins in gastrointestinal disease: a preventative study, Prof Mike McGuckin will look at how defensive molecules on the surface of the gut protect people from developing cancer.
- * Discovering new drugs to facilitate blood stem cell transplantation in cancer patients: A/Prof Jean-Pierre Levesque will attempt to improve the effectiveness of bone marrow transplant for leukaemia and lymphoma patients.
- * Characterisation of novel hormone receptors: A/Prof Jonathan Whitehead will explore how hormones produced by fat cells control your metabolism and how a regulated diet contributes to metabolic disease including diabetes and cardiovascular disease.
- * Exploring a mechanism to underpin a novel colonic therapy for colitis: Prof Timothy Florin will research the development of a safer and more efficient way to administer drugs to treat inflammatory bowel disease.
- * My Baby's Movements: A/Prof Vicki Flenady will investigate whether a mobile phone app will enhance management of decreased fetal movements in late pregnancy and thereby reduce the risk of stillbirth. The study will be conducted across 27 hospitals in Australia and New Zealand.
- * Blocking mobile DNA activity in induced pluripotent stem cells: A/Prof Geoffrey Faulkner investigates potential DNA changes during stem cell transplantation and ways to prevent this occurring to make stem cell therapy safer.
- * Mobile DNA reveals new liver cancer risk factor genes: A/Prof Geoffrey Faulkner continues research into the discovery of a previously unrecognised form of DNA damage in liver cancer which could lead to new treatment approaches.
- * Smart nanoparticles for better treatment of inflammatory bowel disease: Dr Amirali Popat will lead preclinical trials looking at the way new nanoparticles can improve the delivery of drugs to the intestine of inflammatory bowel disease patients.
- * Contribution of the peri-renal environment to kidney disease: Dr Brooke Harcourt's research will attempt to further our understanding and test new approaches to prevent kidney disease in diabetes patients.
- * Defining how novel hormone receptors work to identify new treatments for heart disease: Miss Hayley O'Neill will explore how hormones contribute to heart disease.

Mater Research has more than 200 researchers co-located at Mater in clinical facilities and at the Translational Research Institute in a shared laboratory.

A time for celebration

By Don Murray



With Christmas beckoning I find myself in a celebratory mood. For me, Christmas triggers reflection on the year just past and anticipation for the New Year ahead. It is also a time for family, fun, overeating and creative secret Santa gifts.

There is no doubt that 2013 has been a huge year for Mater as our organisation continues to develop in ways inconceivable 100 years ago. Patients and care are central to any Mater development and it has been fantastic to see so many significant milestones reached this year. The opening of the new Mater Cancer Care Centre and the announcement of Mater Private Hospital at Springfield are just some of the many positive developments.

Looking ahead to 2014 and our organisation will change again as Mater Children's Hospital transitions to the Queensland Children's Hospital. Change brings with it opportunity and the Mater

Children's Hospital building will provide a home for Mater's new Neurosciences Centre, growing adolescent services, private specialist suites, additional theatres for Mater Private Hospital Brisbane and Mater Children's Private Hospital. Planning will also commence on the Mater Private Hospital Redland expansion which will see the hospital receive an extension to its theatre complex and patient wards. I look forward to sharing more details on these developments in 2014.

When the Sisters of Mercy started a small private hospital at North Quay in 1906 they had no idea how their vision would unfurl. Mother Patrick Potter

remarked that she hoped the hospital was the "beginning of a big work that would do much good" and she was doubtless unaware how closely the future would align to her wishes. Mater now treats over half a million patients every year – a fact to be celebrated.

For all Mater people, Christmas is a time to celebrate the 'much good' that our organisation delivers and to acknowledge the 'big work' undertaken by our doctors, staff and volunteers. I would like to sincerely thank you for your contribution to this big work in 2013.

I wish you a safe and happy Christmas and New Year.

Maternity the best in state

Mater Mothers' Private Redland (MMPR) has been rated one of the best private hospitals in Queensland for maternity services in the latest report from the Queensland Centre for Mothers and Babies.

MMPR was recognised as the Best Private Hospital for eight out of 26 indicators in the 2012 Queensland Centre for Mothers and Babies Consumer Evaluation of Maternity Care Performance.

Around 96 per cent of mothers at MMPR who responded to the survey said they were looked after very well during labour and the birth of their babies.

The survey showed that 91 per cent of respondents received genuine care at all times throughout their labour and the delivery.

Mater Private Hospital Redland Director of Clinical Services Tracey Hutley said these positive results validate the great work of the maternity team and its commitment to

maintaining high standards for pregnant women.

"Our midwives and obstetricians are dedicated to making the birthing experience for women the best it can be and this positive feedback from our patients recognises their great work.

"The management team is always looking at ways to improve and maintain high standards of care and to ensure prenatal and postnatal care is consistent for all mothers at the hospital," she said.

All women who responded to the survey said their support people were made to feel welcome during the birthing experience and post-delivery.



Mater breaks new ground at Springfield

Mater Health Services recently celebrated the blessing and turning of the sod for Mater Private Hospital Springfield at Health City Springfield Central.

Earthworks on the site of the 80-bed, \$85 million hospital have been completed and stage one construction is scheduled for early next year with completion earmarked for the end of 2015.

More than 60 people attended the event including guests from Springfield Land Corporation, Ipswich City Council, Radiation Oncology Queensland and the Archbishop of Brisbane Mark Coleridge.

The state-of-the-art health facility will offer a combination of inpatient, day and chemotherapy beds and a cancer care centre will be partially funded by \$21.4 million from the Australian Government.

Mater Private Hospitals Executive Director Don Murray said the turning of the first sod was a major milestone for Mater and the Greater Springfield community.

"The turning of the sod on the site of Mater Private Hospital Springfield marks an exciting journey for Mater and its commitment to meeting the healthcare needs of the growing community of Greater Springfield," Mr Murray said.



"Stage one will provide a range of medical and surgical services and other specialities are being considered for the future development of the hospital."

"The framework of services provided by Mater, its partners and other third parties, will be responsive to the community's health need and will provide accountable, holistic care that promotes wellness, prevention of illness in addition to exceptional acute and sub-acute care and treatment," Mr Murray said.

Below: (left to right) Mater Private Hospitals Executive Director Don Murray, Springfield parish priest Father Mauro Conte, Most Reverend Archbishop of Brisbane Mark Coleridge, Sisters of Mercy Congregation Leader Sister Sandra Lupi, Sister Mary Lawson, Sister Jean Gormley and Aboriginal Elder Uncle Joe Kirk.



2014: A Year of Change

By Sean Hubbard



A time of great change is almost upon us. In less than 12 months, we will farewell Mater Children's Hospital as services transition across to Queensland Children's Hospital (QCH), however we will retain Mater Children's Private Hospital—the only paediatric private hospital in Australia.

In order to do this, we will be required to maintain the highest Clinical Services Capability Framework (CSCF) obtainable—likely to be Level 5—with all complex and specialised care moving across to the new Queensland Children's Hospital.

By continuing our Mater Children's Private Hospital service, we will be able offer care for all life stages from neonatal and paediatric to adolescent, young adult and adult services.

With this change comes a goodbye, and there is no doubt it will be sad to farewell our colleagues who are moving across to QCH as many have been with Mater for the majority of

their careers. They are, in essence, Mater people.

But from the sadness, we will consolidate and shift our focus to new areas of need; we will open new services and expand others.

As I have previously mentioned, the closure of Mater Children's Hospital will make way for the opening of the Mater Adolescent and Young Adult Centre (MAYAC)—a new service offering for paediatric patients whose conditions require ongoing support as they move into adulthood.

Funding has also been approved for a new Emotional Health Program, delivered as part of MAYAC, which

will provide best practice interventions for Adolescent and Young Adult individuals with depression and related mood disorders, anxiety/PTSD and eating disorders.

As you can see, plans are well underway to enhance our offering and continue to meet our Mission to help those in need.

Next year will be a busy year and, at times, an emotional year.

I wish you all happy holidays and I look forward to joining with you next year as we take the steps needed to move Mater into the next phase of our journey.

Businessman donates \$1 million

Businessman, Terry Jackman last month presented Mater Foundation with a \$1 million donation to set up a fund in honour of Sister Angela Mary.

Sister Angela Mary was the administrator of Mater hospitals for 22 years and remains a figure synonymous with Mater.

Mr Jackman, a former Tourism Queensland chairman who is well-known for his role in securing investment for the original Crocodile Dundee movie, provided the gift to Mater to set up the Sister Angela Mary fund which in turn will be used to fund a research position in Neonatal Nursing at Mater.

Mater CEO Dr John O'Donnell said the funding would support the role of a senior researcher in neonatal nursing, aptly named the 'Jackman Chair'.



"The position will join the successful neonatal research team at Mater Research to help identify the most effective ways of managing sick and preterm infants and will also be funded by the Australian Catholic University."

Sister Angela Mary remains closely involved with Mater. She has known Mr Jackman throughout his life and was close friends with Mr Jackman's mother.

Aside from his roles in cinema and tourism, Mr Jackman has shown concern for teenagers on the verge of homelessness and helped build up Northcliffe and Mermaid Surf Clubs to provide an alternative outlet for this age group. He received an AM in 2003 and

was declared a Queensland Great in 2005.

Sister Angela Mary said she was overwhelmed at Mr Jackman's generous donation.

"I am humbled and deeply grateful to Terry for this incredible gift to Mater which will go towards funding research and a greater understanding of neonatal care which has the potential to impact not just patients and families at Mater but the wider community," Sister Angela Mary said.



Obstetricians' onsite around-the-clock

In an Australian first, Mater Mothers' Hospital has become the first hospital to employ an obstetrician who remains on-site, 24 hours a day, seven days a week.

The change in service commenced in late September with the objective to ensure Mater Mothers' Hospital offers the safest possible care for all mums.

Mater Director of Obstetrics and Gynaecology, Dr Michael Beckmann said he was proud to be part of a maternity service that placed such a value on patient safety.

"Most babies are born without difficulty, however some women with high risk pregnancies require the input of an obstetrician," Dr Beckmann said.

"But even in presumably low-risk pregnancies, serious complications can arise within minutes and require urgent action.

"If such a complication arose in many maternity hospitals in this country, the obstetrician would then come in from home and may take some time to arrive at the hospital.

"Mater Mothers' Hospital aims to provide exceptional care to all women. In many countries and in many areas of medical practice, direct involvement of specialists in care is associated with better health outcomes. Providing safe care is our prime goal."

The Healthcare Commission Review of Maternity Services in the UK recommends that tertiary maternity services with more than 6000 births per annum should work toward the 24 hour presence of an obstetrician.

The onsite obstetrician model of care is part of Mater's commitment to providing patients with exceptional care.

Cancer Care Centre now taking referrals for patients with private health insurance

Oncology patients with private health insurance can now be referred to Mater Cancer Care Centre.

In a first for Mater Health Services, private patients can now access a comprehensive cancer services, all in one location including specialist appointments, haematology oncology, medical oncology, palliative care, allied health services and apheresis, as well as pharmacy and pathology services.

Specifically designed with patient needs in mind, the centre has private waiting rooms and lounges with an espresso machine, resource library, treatment pods featuring controlled recliner chairs, dimmer switches and technology-friendly ports for smart phone, laptop or tablet connection and an all-day dining menu.

By working together the dedicated and experienced healthcare team at Mater Cancer Care Centre are committed to providing exceptional patient care in a compassionate and understanding environment.

Patient treatment programs at Mater Cancer Care Centre are also personalised to meet individual care needs and tailored to ensure that every patient receives the highest level of medical care and support during their cancer journey.

By offering a wide range of support services, our team of healthcare professionals

ensure our patients' health and wellbeing is at the core of everything we do.

For more information, visit cancercare.mater.org.au.

Medical Oncologists are now taking referrals for patients with private health insurance.

Dr Poh See Choo
Breast and colorectal cancers

Dr Jim Coward
Colorectal, gynaecological, head and neck, and thoracic cancers

Dr Catherine Shannon
Breast, gynaecological and lung cancers

Dr Natasha Woodward
Breast and gastrointestinal cancers

Dr Niara Oliveira
Breast, gynaecological and genitourinary cancers

Dr Maree Colosimo
Breast, colorectal and lung cancers

📞 Telephone: 07 3163 5222

📠 Facsimile: 07 3163 5252

📍 Mater Cancer Care Centre
Mater Corporate Services
Building Level 2, Raymond
Terrace, South Brisbane.



Emergency nurses share milestone award

Mater Private Hospital Brisbane can now lay claim to having two of the country's best emergency nurses.

Nurses Helen Grant and Simone Andrews were jointly awarded the honorary prize for Emergency Nurse of the Year through the College of Emergency Nursing Australasia.

The award winners, who are also nurse educators, had the privilege of being the first nurses working in a private emergency department in Australasia to win the award.

The Emergency Nurse of the Year award is designed to recognise emergency nurses who work tirelessly providing high standards of care, advocating for their patients, educating their colleagues, contributing to the evidence base and promoting the speciality.

Both nurses are well known for their care and compassion towards their patients and colleagues.

"I really love being able to make a difference in people's lives by caring for them on what could be the worst day of their life," Ms Andrews said.

"Winning the Emergency Nurse of the Year Award was an absolute honour and even more so because I could share the award with not only a colleague, but a friend."

Ms Andrews met Ms Grant on the day she was interviewed for the position of Emergency Nurse at Mater Private Hospital Brisbane.

"I remember meeting Simone on the day of my interview and asking her – 'do you like it here?' She responded with 'I absolutely love it here' and instantly I knew I wanted to work at Mater," Ms Grant said.

Image: Helen Grant and Simone Andrews.

Mater baby products now available

Mater Mothers' Hospitals has welcomed Mater Baby Wash and Mater Baby Moisturiser to our maternity and baby care product range—continuing our exceptional care from Mater Mothers into the home. The product range is specially developed by Mater Midwives and Mums and is backed by years of research and development.

Mater Baby Wash and Baby Moisturiser are specifically developed for newborn baby's skin—newborn and infant skin is thinner and more delicate than developed adult skin and the use of products designed specifically for baby's skin is beneficial.^{1 & 2}

The products are dermatologically tested by an independent testing authority using the Repeat Insult Patch Test (RIPT) method with results supporting that the products are non-irritant and suitable for sensitive skin.

Mater Baby Wash is a lightly foaming cleanser developed for daily use on baby's skin and scalp. The gentle tear-free formula helps to keep baby's skin soft and protected by retaining the skin's natural oils and moisture.

Mater Baby Moisturiser is an extra mild lotion to soothe and condition baby's delicate skin. This moisturiser provides long lasting protection from dryness to keep baby's skin smooth and is also ideal for baby massage and to help massage away cradle cap.

Mater maternity and baby care products are available from Mater Pharmacies, Mater Florists, online via www.matermothers.org.au and selected Terry White Chemists stores. Proceeds from Mater Products support Mater Little Miracles. For more information visit www.matermothers.org.au/products or contact 1300 162 837.

1. Dizon MV, Galzote C, Estanislao R, Mathew N, Sarkar R. Tolerance of baby cleansers in infants: a randomized controlled trial. *Indian Pediatrics*. 2010 Nov 47:959-963.

2. Stalder JF. Skin Care of the Newborn. In: Irvine A, Hoeger P, Yan A, editors. *Harper's Textbook of Pediatric Dermatology*, 3rd ed. Blackwell Publishing Ltd; 2011.



The changing role of laparoscopy in gynaecological surgery

Background:

The laparoscopy was introduced to mainstream medicine by gynaecologists and was initially used for diagnosis and simple procedures such as salpingectomies or ovarian cystectomies.

In 1981, German gynaecologist Kurt Semm published the first article on laparoscopic appendectomy.

Laparoscopy is being increasingly used in gynaecology with a wider range of indications.

Initially thought only for small cysts its role is being expanded with improved instruments and expertise.

As a diseased ovary can be removed without rupture laparoscopically the technique is now used to establish a diagnosis with little morbidity.

It is then possible to discuss the diagnosis and treatment options with the patients prior to proceeding with what may be major surgery.

Presentation:

A 28-year-old lady presented with a large ovarian mass wishing to preserve fertility.

These cysts tend to grow slowly and remain relatively asymptomatic so patients can have their initial presentation when the cyst has achieved a large size.

Assessment:

Pre-operative evaluation with history and examination followed by tumour markers including Ca125, Ca19.9, CEA, AFP, BHCG and imaging, make it possible to estimate the risk of malignancy.

This patient had a right salpingo-oophorectomy with appendectomy and staging for the large tumour.



The final histology was a benign mucinous cystadenoma of the right ovary.

Ovarian mucinous cystadenomas are generally slow growing tumours and remain asymptomatic until reaching a large size. This tumour is more impressive than most.

Management:

Many mucinous tumours have varying differentiation ranging from benign to borderline changes and non-infrequent areas with invasive changes.

Therefore formal staging biopsies were taken at initial operation.

The benefit of a laparoscopic approach was more than just being discharged home on the second post-operative day and returning to normal duties two weeks after her operation.

She also had considerably less scarring both externally with cosmetic appearance but also less pelvic adhesions with a smaller impact on fertility.



Dr Paul Dawson was awarded the Sister Madonna Josey Medal for outstanding contribution to the operation of Mater Research.



Researchers honoured at Mater Research awards

Researchers, scientists and students were honoured at the annual Mater Research Awards which took place on 21 November, 2013.

Associate Professor Geoff Faulkner, Dr Paul Dawson and Dr David Serisier were awarded the institute medals.

Dr Kyle Upton received the Early Career Researcher Award and Sara Mayfield (Clinical) and Joanna Rackoczy (Biomedical) received the Research Higher Degree Student Awards.

Those celebrating the completion of PhDs—Kristen Gibbons, Celena Heazlewood, Nigel Lee, Kylee Forrest and Jacqueline Jauncey-Cook—were also recognised.

Five year service awards were presented to Patricia Murray, Yitian Ding, Peta Scott and Stephanie Diaz-Guilas.

Awards included:

- * Sr Regis Mary Dunne Medal for outstanding research contribution: Associate Professor Geoff Faulkner
- * Sr Madonna Josey Medal for outstanding contribution to the operation of the Institute: Dr Paul Dawson
- * Sr Eileen Pollard Medal for incorporating research into clinical care provision: Dr David Serisier
- * Early Career Researcher Award: Dr Kyle Upton
- * Scientific Research—Research Higher Degree Award: Joanna Rackoczy
- * Clinical Research—Research Higher Degree Award: Sara Mayfield

Award recipients will now have their names added to the honour board on Level 3 of Aubigny Place.



Dr David Moore

Obstetrician and Gynaecologist

Dr Moore is a graduate of The University of Queensland Medical School and completed his specialist training in obstetrics and gynaecology in metropolitan and regional Queensland.

He received a solid foundation to training in tertiary obstetric units and has developed skills in the management of complex and high-risk pregnancies and deliveries.

As a father of two young boys, Dr Moore recognises how pregnancy and childbirth can be at once the most exciting and trepidatious time in a person's life.

His particular interests in gynaecology include pelvic floor (prolapse) surgery and the management of urinary incontinence.

He is also trained in the management of abnormal Pap smears and minimally-invasive surgical management of many gynaecological conditions.

Dr Moore is also a senior lecturer at The University of Queensland.



Dr Josephine Laurie

Obstetric Medicine

A graduate of The University of Newcastle, Dr Laurie completed her obstetric medicine fellowship training at The Royal Prince Alfred Hospital, The Royal Brisbane and Women's Hospital and Mater Mothers' Hospital where she has practiced since 2006.

Dr Laurie is an active participant in the Mater GP obstetric alignment program and provides training to junior doctors and medical students. She is a member of the Society of Obstetric Medicine of Australia and New Zealand and the Australasian Diabetes in Pregnancy Society.

Dr Laurie works effectively within a multidisciplinary team and is experienced in managing complications such as hypertensive and renal disease, diabetes and thyroidal disorders and complex clotting disorders.

Her scope of practice includes preconception counselling, antenatal medical management and post-delivery follow up.

As a doctor and a mother of two girls, she is passionate about helping women achieve a healthy and safe pregnancy.



Dr Tyson Doneley

Orthopaedic Surgeon

Dr Doneley undertook his medical schooling at The University of New South Wales before returning to Queensland where he completed his advanced training in orthopaedic surgery.

He obtained his Fellowship of the Royal Australasian College of Surgeons in 2010 before he undertook dual fellowships in lower limb arthroplasty and reconstruction. He also studied at the Gold Coast Centre for Bone and Joint Surgery.

In the United Kingdom he was the Hip Research Fellow at the Princess Elizabeth Orthopaedic Centre located in Exeter under the tutelage of world renowned hip surgeons John Timperley, Graham Gie, Matthew Hubble and Jonathan Howell.

He is also extensively experienced in the management of acute and traumatic orthopaedic conditions, including both adult and paediatric fracture management.

Dr Doneley maintains a leading and ongoing responsibility in teaching and training in his role as Director of Orthopaedics at the Queen Elizabeth II Jubilee Hospital.

Baby friendly status within reach

For the past 12 months, the team at Mater Mothers' Private Redland have been working toward their goal to become formally accredited as a 'baby friendly' hospital.

The Baby Friendly Hospital Initiative was developed by the World Health Organisation and UNICEF in 1991 as a global effort aimed at improving infant health by supporting mothers to breastfeed their babies.

In order to achieve accreditation, hospitals must demonstrate compliance to:

- develop a breastfeeding policy
- ensure staff receive training
- provide antenatal information



- help initiate breastfeeding
- teach breastfeeding
- avoid supplementation
- practice rooming-in
- encourage breastfeeding on demand
- no artificial teats or dummies
- provide access to support groups.

While the results of the accreditation process are not expected until late December, Mater Private Hospital Redland Director of Clinical Services, Tracey Hutley, said the initial feedback was extremely positive.

As part of the process, more than 20 staff were interviewed ranging from midwives and nurses to obstetricians and

paediatricians as well as procurement, kitchen and support services staff.

"They were extremely impressed with the calibre of answers given from staff across all areas. In particular, they were astounded that we achieved an 85 per cent compliance to Group 1 education and even more impressed that we had 100 per cent of our VMOs on board.

"While we don't have a conclusive outcome as yet, the accreditors verbalised that we had completed all steps with no follow up recommendations," Mrs Hutley said.

"Undertaking this process has been a mammoth task and one that the entire hospital has embraced."



Mater Pathology now offers results online

You can now get rapid and secure access to your Mater Pathology results online via your computer, smartphone or tablet. This will enable you to:

- Quickly and easily view your Mater Pathology results on-the-go
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- These results are accessible from any computer, smartphone or tablet with internet access.

To register simply visit pathology.mater.org.au and click on the Mater Pathology results online button on the home page.

Mater Pathology
results online



New clinical school for South Brisbane

Mater has joined forces with the Faculty of Health Sciences at the Australian Catholic University (ACU) to develop a clinical school to allow for the promotion of teaching and learning, research and clinical education.

The opening and blessing of the new Stanley Street school took place on 25 September 2013 at the new facility with the Most Reverend Archbishop Mark Coleridge performing the blessing.

The key objective of the ACU/Mater Clinical School is to bring together

the worlds of academia and clinical practice with the overarching goal to foster mutual engagement between undergraduate, post-graduate and continuing education.

Mater Health Services CEO Dr John O'Donnell said the development of the clinical school was an exciting initiative.

"The ACU Clinical School at Mater demonstrates a strong relationship and collaboration between the organisations and represents a significant milestone for both the ACU and Mater in establishing innovative and collaborative approaches to health education," Dr O'Donnell said.

ACU has more than 25 000 students and its Faculty of Health Sciences currently offers undergraduate and post-graduate education in the disciplines of nursing, midwifery, paramedicine, physiotherapy, occupational therapy, speech pathology, exercise science and public health.



Mater Chief Executive Officer Dr John O'Donnell.

Mater Childcare Now enrolling two to five year olds

Owned and operated by Mater Health Services, Mater Childcare has an industry reputation for providing high quality education and care in purpose built facilities in South Brisbane.

To discover more about how we learn and play the Mater way, please visit www.mater.org.au/childcare or contact us on 07 3163 3444.



Winners are gridders

Each year during Mercy Week (22 to 28 September) Mater celebrates its identity and the heritage of the Sisters of Mercy. We also acknowledge our commitment to Mater's Mission and Values.

This year's celebrations were highlighted by the 2013 Mercy Awards, with more than 100 Mater staff gathering to celebrate not only our Mercy Award nominees and finalists, but Mater as a Mercy driven organisation.

This year there were four Mercy Award winners.

Dr Glenn Gardener, Director Maternal Fetal Medicine Unit

"Dr Glenn Gardener is an outstanding example of the Mater Values in action, and shows leadership which is truly inclusive and inspiring. Glenn, with the support of his team, has fostered a culture which is based on the Mater Values and this is shown through their commitment to making a difference and to finding ways of improving and enhancing their services, while ensuring that they respond sensitively to each family and person in their care with respect and maintaining their dignity."

Tanya Hansen, Space and Property Manager, Information and Infrastructure Division

"In 2011, the Leadership Team of the Sisters of Mercy Congregation began negotiations for Mater to accept responsibility for Property Management of the Mater Convent. From the beginning, Tanya was aware she was coming into the Sisters' home and this required special sensitivities. She did this in an outstanding manner and ensured that all contractors and workers are aware of what this meant. Tanya was also instrumental in moving the Sisters out of the Convent for a night, due to the need to shut down the power. She displayed respect for each person and treated each with dignity, aware that for some Sisters, this was the first time they had stayed in accommodation other than a Convent."

Sterile Processing Department, Mater Private Hospital Brisbane (Arna Chauncey, Nurse Unit Manager)



Above left: Clinical Services award winners Dr Glenn Gardener and Marina Noud

Above: Support Services Award Winner Tanya Hansen

Left: Mater Private Hospital Brisbane team award winners, Sterile Processing Department.

"The Mater Private Hospital Brisbane Sterile Processing Department continually demonstrate the Mater Values. The team's ability to process the extraordinary amount of trays and equipment required during the recent period of high demand and productivity shows their commitment to patient care. We have also received Broker patient bookings, which require enormous amounts of loan equipment to be processed for these extra lists on weekends. Arna and the Sterile Processing Department are the engine room for the Perioperative Department and as they are behind the scenes, they are often overlooked for their outstanding care."

Marina Noud, Clinical Nurse Consultant, Paediatric Diabetes and Endocrinology

"Marina sees families in a state of crisis; she provides hope for the future by enabling them to live well with diabetes and complex endocrine

conditions and extends her service to all family members. Her commitment to nursing practice and professional development is 'par excellence'. An example was her care for a child with a severe insulin allergy who was unable to have the standard subcutaneous insulin injections or wear an insulin pump. Marina investigated the option of using an intra-peritoneal delivery device being used in Europe. She coordinated and contacted the stakeholders including the surgeon, hospital, manufacturer, family, airlines, suppliers, and sought financial assistance from Mater Foundation to enable this family to travel to Europe for this life saving surgery."

Congratulations to all of our nominees, finalists and winners this year; and a special thank you to those staff who nominated their peers.

State win for emergency specialist

Mater Emergency specialist Dr Stephen Walker has been named Queensland's Clinical Educator of the Year for his contribution to mentoring junior doctors.

Dr Walker said he was surprised and honoured to receive the award from the Postgraduate Medical Education Council of Queensland (PMCQ).

"I suppose we all look at our work and what we do day by day and hope it is good, but to have colleagues in the PMCQ look at it and say it is worthy of recognition like this is truly fantastic," Dr Walker said, although he was quick to share the praise with his colleagues.

"I am acutely aware that I work



with lots of remarkable people in my education role who certainly make me look good," he said.

Having been mentored himself during his 30 years of practice; Dr Walker said it was highly beneficial to pay it forward.

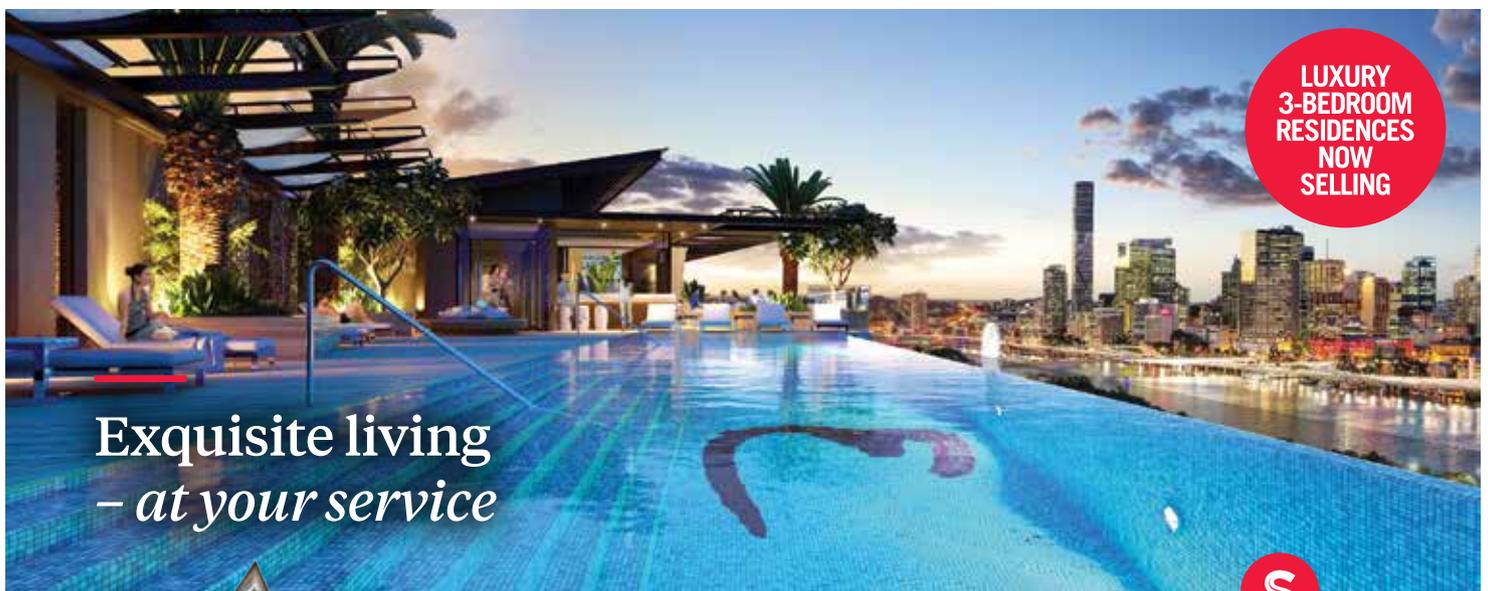
"My mentors and role models have shaped my attitudes, taught me tolerance and compassion and guided my career choice of emergency medicine.

"Now it's my turn to put back into the system and there is no other way to cultivate the right attitudes and professional behaviours we need in our healthcare workers than by setting the example ourselves.

"Healthcare is about more than just clinical skills and knowledge in caring for patients; it is a team effort and that requires the right attitudes and behaviours, especially towards your colleagues.

"If you model a behaviour it signifies part of the culture for an organisation or a team and tells all around 'this is how we do things here, this is how we relate and behave'.

"These things cannot be learnt from a book or a lecture."



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Mater partners to 'close the gap' on Indigenous birthing



Representatives from Mater, Institute of Urban Indigenous Health and Aboriginal and Torres Strait Islander Community Health Services Brisbane at the launch of Birthing in our Community.

Mater recently launched Birthing in our Community—a new healthcare program which aims to 'close the gap' in maternal and infant health outcomes within the Aboriginal and Torres Strait Islander community.

The program will offer one-to-one care from a known midwife, group antenatal care and direct access to Aboriginal and Torres Strait Islander maternal infant healthcare workers.

"Mater has partnered with the Institute of Urban Indigenous Health and the Aboriginal and Torres Strait

Islander Community Health Service Brisbane to develop the best maternal infant healthcare program in the country," Mater Midwifery Research Unit Director, Sue Kildea said.

The program addresses physical, social, emotional and cultural needs to provide Aboriginal and Torres Strait Islander mothers with more equitable health services.

"The response to our program has been wonderful, with our first program participant Bianca Bergs successfully giving birth to a beautiful baby boy," Ms Kildea said.

The program brings together a multi-disciplinary, multi-agency team of midwives, allied health workers, obstetricians, primary healthcare general practice, Indigenous health workers and Aboriginal and Torres Strait Islander liaison workers to provide the right care, at the right time, to the right person.

i For further information about the service, please contact Mater's Aboriginal and Torres Strait Islander Liaison team via 07 3163 1528.

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CanvasSouthBrisbane.com.au

*Prices correct at time of printing. ^Visit www.osr.qld.gov.au

PRADELLA
since 1959 style



Mater staff awarded Churchill Medallions

Mater Physiotherapist Ester Barter and Rehabilitation Coordinator and Occupational Therapist Deirdre Cooke were recently presented with Churchill Medallions, for successfully completing their Fellowships.

The Fellowships, which have been awarded by The Winston Churchill Memorial Trust since 1965, allowed Ms Barter and Ms Cooke to travel the world to further their knowledge in their chosen field and then return to Australia and share their findings, for the benefit of the wider community.

Ms Barter's project saw her travel to Denmark and the United Kingdom to investigate models of care for the delivery of continence services.

"My fellowship provided many professional and personal highlights, including observing sacral nerve

stimulation and its significant impact on patients, the inspirational nurses at Guy's Hospital and highly respected uro-neurology team at The UCL Institute of Neurology, Queen Square," she said.

Ms Cooke travelled to the United States, Canada, England and Sweden to review evidence-based practice to maximise recovery following a stroke.

"My highlights included observing very large, specialised, highly regarded

rehabilitation environments, teams and stroke research facilities overseas," she said.

Now back at Mater, both Ms Barter and Ms Cooke plan to share their learnings with colleagues.

i You can read Ms Barter and Ms Cooke's Churchill Fellowship reports by visiting <http://churchilltrust.com.au>.



MATER LITTLE MIRACLES

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BALL 2014

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15 FEBRUARY 2014

BRISBANE CONVENTION & EXHIBITION CENTRE

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Mater Little Miracles logo: Mater Little Miracles

Mater logo: Mater Exceptional People. Exceptional Care.

Emma's nursing mission

Mater Private Hospital Brisbane nurse Emma Vernon recently returned from a nursing mission to Kenya where she helped train nurses in stoma, wound and continence.

Ms Vernon was one of 10 Australian nurses selected by the Australian Association of Stomal Therapy Nurses to conduct a month-long training course for nurses in Nairobi.

"We were invited to travel to Kenya to provide part of an eight-week program to educate 20 Kenyan registered nurses so they can establish a sustainable speciality and start their own educational programme for future stoma/wound and continent specialists," she said.

"There is a high incidence of bowel



Mater Private Hospital Brisbane nurse Emma Vernon (second from left) has just returned from a month-long visit to Kenya where she helped train a team of nurses in stoma/wound management.

cancer in Kenya and patients there are more likely to have a permanent stoma, than temporary stoma.

"A large number of stomas were created due to Typhoid, which can cause intestinal haemorrhage and intestinal perforation and I also witnessed a large number of road traffic trauma and severe pressure injuries."

Ms Vernon said it was important that the stoma and wound management nursing be available in all countries.

"Due to the absence of any stoma, wound or continent specialist nurses in Africa, patients don't have help with

management, psychosocial issues and troubleshooting.

"I had a wonderful experience during the four weeks I was in Kenya. Our students were very grateful that we had set up this project.

"As tutors, we felt very honoured to be part of this program, to help these nurses be the first group and assist them to set up their own Kenyan equivalent of The Australian Association of Stomal Therapy Nurses.

"I would recommend anyone to be part of a project like this as being part of a sustainable project is extremely rewarding."



Visit luxury waterfront living

Waters Edge, forms part of the vibrant new Riverside West End neighbourhood and offers the perfect solution to a luxury riverfront lifestyle, just minutes from the CBD.

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PRADELLA

In memoriam



Sister Marie Fitzgerald RSM

3 August 1920 to 28 November 2013

Marie Teresa Fitzgerald was born to Mary and Michael Fitzgerald on 3 August, 1920. One of nine children, she grew up in Woolloowin and attended All Hallows' School.

Sister Marie's association with Mater predated her life as a Sister of Mercy. Between 1930 and 1945 she trained and nursed at Mater before entering the congregation of the Sisters of Mercy.

After being professed on 26 July, 1948, and given the religious name Sister Mary Rosaire, she returned to Mater, joining the Mater Children's Hospital team. She also became part of the Mater Convent community, along with her sister, Iris, a pharmacist at Mater, who had already entered the Sisters of Mercy. They also shared a special connection with the Franciscans, as their brother was a Franciscan Friar.

Sister Marie dedicated 40 years to Mater Children's Hospital, spending 23 years in operating theatres. Her other commitments included managerial roles on night duty in the wards, particularly the medical ward, and as Nursing Supervisor of the hospital.

In 1971 Sister Marie received a Diploma in Hospital Nursing

and Ward Management from the College of Nursing. For a short period before she retired from nursing in 1988, Sister Marie was the Spina Bifida Liaison Sister and a Pastoral Care Assistant.

After her retirement, Sister Marie continued her profession of nursing, becoming the nurse for the Mater Convent Community for ten years. She was a welcoming presence to Convent visitors and hospitality was one of her many beautiful qualities.

Prayer was central to Sister Marie's life and she could often be found in the Mater Chapel deep in prayer. She would even say that she when she dozed, she was still praying. Sister Marie lived Mercy and was a merciful presence to all.

Sister Marie Fitzgerald, the longest serving Sister of Mercy at Mater Children's Hospital, passed away peacefully at Emmaus in November 2013. She lived at the Mater Convent until October 2013.

May her soul rest in eternal peace.

Queensland parents grab new weapon in war against obesity

Mater is now helping parents learn how to win the food war in a new, free, ground-breaking program called PEACH (Parenting, Eating and Activity for Child Health).

The program—run by QUT and funded by Queensland Health under the National Partnership Agreement on Preventive Health-Healthy Children—is available to families with a child aged five to 11 years who is above the healthy weight for their age.

PEACH is currently being offered to 75 families in Brisbane, Caboolture, Logan and Rockhampton and is expected to be rolled out to a further 1325 families from 2014.

Twelve families will attend 10 sessions at Mater over six months, with additional support in the form of three phone calls. The sessions, run by trained facilitators, see parents learn and problem solve in a group environment about

nutrition and activity while their children enjoy active play.

PEACH program co-creator Professor Lynne Daniels, head of QUT's Nutrition and Exercise Sciences School, said the program armed parents with skills to combat modern pressures around food and encouraged them to be more active as a family.

"The PEACH program focuses on equipping parents to be healthy role models, as they are the agents of change in the household," Prof Daniels said.

"It is about empowering parents and acknowledging that pressures of family life—including money and time restraints combined with mixed messages around food—can make it difficult to achieve a healthy balance."

To be eligible for the PEACH program children must have a body mass index (BMI) greater than the 85th percentile for their age and gender.



For information about registering, free call 1800 263 519 or www.peachqld.com.au.

Mater clinicians appointed to key roles at the new Queensland Children's Hospital



Following an Expression of Interest process, Children's Health Queensland recently announced the appointment of Divisional and Medical Directors, and Nursing Directors for the new Queensland Children's Hospital.

Long standing Mater employees Dr Steve McTaggart and Cathy Keyte were successfully appointed as Medical Director Division of Medicine, and Nursing Director Critical Care, respectively.

Steve has worked at Mater Children's Hospital for more than 20 years, initially as a registrar, then returning as a consultant nephrologist. He has played a major role in providing renal services, including transplantation services for children locally and across Queensland.

Likewise, Cathy has had a long association with Mater Health Services. She has dedicated her career to paediatric nursing, with more than 25 years of tertiary paediatric experience as a clinician, Nurse Unit Manager at Mater Children's Private Hospital and more recently, Nursing Director Acute Paediatric Health Services at Mater Children's Hospital.

Additional appointments include:

- Dr Rosslyn Walker, Divisional and Medical Director, Division of Surgery
- Dr Julie McEniery, Divisional and Medical Director, Division of Critical Care
- Ms Karyn Ehren, Nursing Director, Division of Surgery and Perioperative Care
- Ms Juliana Buys, Nursing Director, Division of Medicine

Mater congratulates all appointees on their new roles.

The new appointees will play a valuable role in commissioning activities in the lead up to the opening of the new Queensland Children's Hospital in late November 2014.



Seasons Greetings

Wishing you and your family a Merry Christmas and a happy and safe New Year.

qldxray.com.au





Are you interested in a physical challenge in 2014?

Mater Foundation has a number of challenging events coming up to test your endurance and physical prowess, all while raising valuable funds for Mater.

International Women's Day Fun Run—9 March: More than 8000 women are expected to take part in this annual five kilometre event which will weave its way through the picturesque surrounds of Brisbane's South Bank.

Bust a Move—15 March: Shake, shimmy and sweat your way through six hours of exercise including boxing, dance and yoga. To top it all off, trainer Shannan Ponton from The Biggest Loser will be on hand to host the event's final hour of exercise.

Smiling for Smiddy Tri Team—April: The Smiling for Smiddy Tri Team puts the camaraderie into triathlon, giving participants the chance to join a group of 25 newcomers to the sport. And you don't even need fancy gear—runners, a swimsuit and a basic bike will have you covered. The team will compete at the Gold Coast Triathlon in April where participants can take part in either the 750 m swim, 20 km bike, 5 km run or the 300 m swim, 10 km bike, 2.5 km run. Training starts in early March.

Noosa Smiddy Challenge—24 to 27 April: 600 kilometres. Four days. Cycle Brisbane to Noosa and then spend the next three days testing yourself against the heights of the Sunshine Coast Hinterland. The Noosa Smiddy Challenge aligns with the Noosa Ultimate Sports Fest again in 2014 and your final stage will be conquering the 160 km Subaru Noosa Century Cycle.

Cambodia-Vietnam Cycle for Cancer—20 March to 1 April: This cross-border five-day cycling adventure is suited to all abilities and includes an exhilarating speedboat ride from Phnom Penh to the Mekong Delta. Participants will spend two days helping out at a women's community health

project in southern Vietnam, interacting with local women and participating in activities to promote their health and wellbeing. Participants currently include Chief Executive Officer Dr John O'Donnell, Director of Medical Oncology Dr Cath Shannon and Mater Foundation Director of Fundraising Lesley Ray.

Midi Smiddy Challenge—16 to 18 May: Three days. 570 kilometres. This all-inclusive three day tour passes through some of south east Queensland's most scenic and challenging terrain. Limited to 50 riders only, this tour is one of Smiddy's most popular events and sells out each year. It's a long weekend you won't soon forget!

Climb for Cancer—25 May: It's time to flex those calf muscles and get ready to run, walk or crawl up the 37 floors—810 steps—to the top of Brisbane's iconic Waterfront Place. Registrations are now open for Mater's annual Climb for Cancer which has been dubbed Brisbane's 'ultimate vertical challenge'.

Italian Dolomites Challenge—1 to 8 July: A new adventure on the Smiddy calendar, this seven-day challenge pairs the spirit and mateship of a Smiddy peloton with one of the world's most iconic cycling routes. This is an unforgettable experience featuring six expertly-designed routes with epic climbs including both faces of Giro favourite Stelvio, the Passo Gavia and Passo Mortirolo (Grosso), and the famous climbs of Passo Gardena, Passo d'Eira, Furkel Pass, Tre Cime di Lavaredo, Passo Sella and Passo Pordoi.



For more information on these events, please visit www.materfoundation.org.au

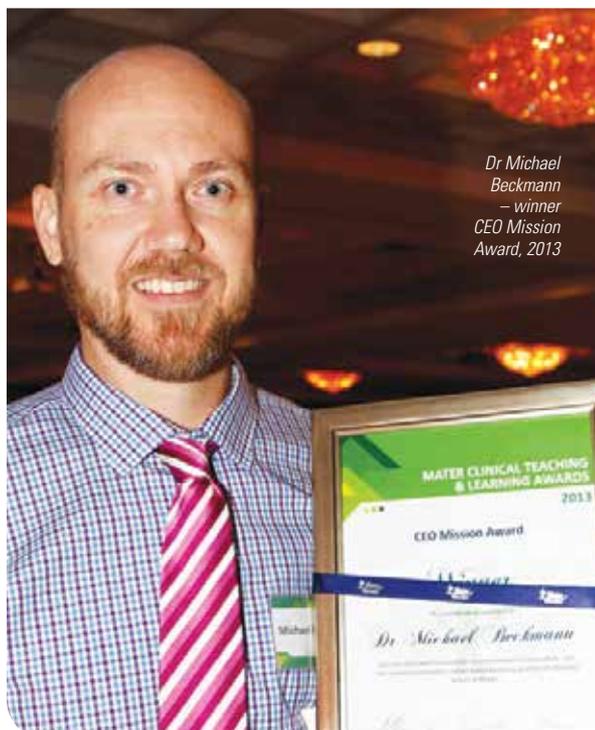
Clinical Teaching and Learning Award winners

Mater's Annual Clinical Teaching and Learning Awards were presented at Royal on the Park Hotel on Wednesday 27 November.

The awards recognise Mater individuals who have added significant value to the provision of care at Mater through an outstanding commitment to learning and development. More than 110 nominations were received for the awards and all were honoured, together with their guests at an official dinner ceremony.

The winners of each category were:

- * CEO Mission Award—Dr Michael Beckmann
- * Clinical Supervisor of the Year Award—Dr Malcolm King
- * Excellence in Continuing Professional Development Award—Amanda Forti
- * Excellence in Teaching Award—Dr Roby Brady & Dr Kong Liew
- * Graduate Allied Health Professional of the Year Award—Katrina Quirke
- * Graduate Midwife of the Year Award—Kate Irwin
- * Mater Education Student of the Year Award—Katrina Aloquin
- * Medical Intern of the Year Award—Dr Ben Treffene
- * Sr Eileen Pollard Graduate Nurse of the Year Award—Gabriella Miocevic



Dr Michael Beckmann
— winner
CEO Mission
Award, 2013

- * Health Professional Student of the Year Award—Camille Davis

All nominees were presented with a certificate to recognise their achievement. The winner of each category also received a Myer gift voucher together with complimentary registration to the 2014 National Leadership and Learning event.

Tugboat book raises funds for Mater Little Miracles

In January 2011, Captain Doug Hislop and his tugboat Mavis saved Brisbane's Gateway Bridge from destruction when they maneuvered a fast-moving 300-tonne slab of concrete away from its pylons.

The event captured the imagination of Mater Volunteer and Wellington Point resident Dianne Lonergan who has just published a children's book to honour Mavis and her brave Captain—with profits going to Mater Little Miracles.

But with no previous writing experience, Dianne turned to her fellow volunteers Caroline Bauer, June Jolly and Robert Walsh for help.

"I realised that I didn't have all the skills to write a book on my own and there were three people who wanted to help me, which is why it's such a magical book. We would get together each Wednesday afternoon at my home and we'd write the book around my dining table."

Illustrator Leo Herreygers donated 13 canvas paintings to be used as illustrations for the book.

"Leo's paintings are so beautiful, they really

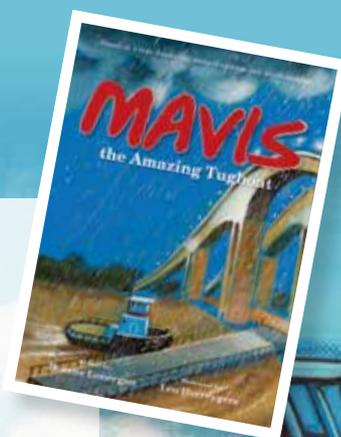
make the book come alive," Dianne said.

Mater Private Hospital Redland Volunteer Coordinator Karen Marks said it was great to see everyone band together to help Dianne realise her dream to write a children's book.

"A great deal of research was done to ensure that the story is authentic and Doug Hislop, the skipper of Mavis has also been involved," Karen said.

Mavis the Amazing Tugboat is \$10 with all profits being donated to Mater Little Miracles to help sick and premature babies and children at Mater.

Copies are now available from Mater Private Hospital Redland, Foundation on 3 at Mater Adult Hospital in South Brisbane or online from www.materfoundation.org.au.



THE SPIRIT OF MERCY BE WITH YOU THIS CHRISTMAS
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Exceptional People. Exceptional Care.