

Welcome back! Session 2 Case scenario discussions

Time	Task	Who
11:00	Group work; Medical conditions in pregnancy – Meet your patient and then work through 3 states	Dr Julie Buchanan Dr Maggie Robin CM Erin Hutley-Clarke CM Anne Williamson CM Kristen Winton CM Jan Tyrrell
12:00	Reconvene and present back	Dr Maggie Robin
1:00	Workshop conclusions	Dr Maggie Robin



Case scenarios

- •We will now break into 4 groups
- •Each group will discuss a different case study with the support of a Mater clinician
- •Each group must identify a scribe and a presenter .
- You should allocate 10-15 minutes to discuss each of the 3 states in your scenario and allow time to prepare your presentation
- •We will then reconvene & each group will have 15 minutes to present their case for discussion with the larger group.



Case presentations

US/S costs—clinics compared

Accurate as of April 2021—not an exhaustive list, not Mater endorsed!

Practice	Under 12 weeks (\$51.80 rebate)	NTS (\$60.40 rebate)	Morphology (\$86.30 rebate)		
City Scan	\$121 HCC BB viability, dating	\$220	\$181		
Exact Radiology	BB viability, dating scans	\$180 (available at Sunnybank, Inala, Chapel Hill, Ipswich Riverlink and Underwood)	\$175 (\$210 for multiples, rebate \$127.50) Follow up scan post morphology \$140 (rebate \$85)		
I-MED Radiology	\$116.80 unless too soon for dating, will BB follow up scan	\$190.40 for all	\$216.30 for morphology & third trimester scans		
Qld Xray	\$171.77 HCC BB viability, dating	\$235 for all	\$230 for morphology (all) \$190.40 third trimester scans BB HCC		
Qscan	\$111* *BB Meadowbrook	\$250*	\$276* for morphology & third trimester scans		
QDI BB		\$220.40 not available at all sites (book well in advance, prefer 12 weeks)	\$196.30* for morphology & third trimester scans (prefer 20-22 weeks)		
So + Gi (4D)	\$190	\$360 (\$575 for NIPT + dating scan, \$94 rebate, \$870 NIPT + NTS rebate \$102)	\$360 (\$90-\$120 rebate) \$350 third trimester scans (\$90-\$100)		

^ੳmater

USS ordering



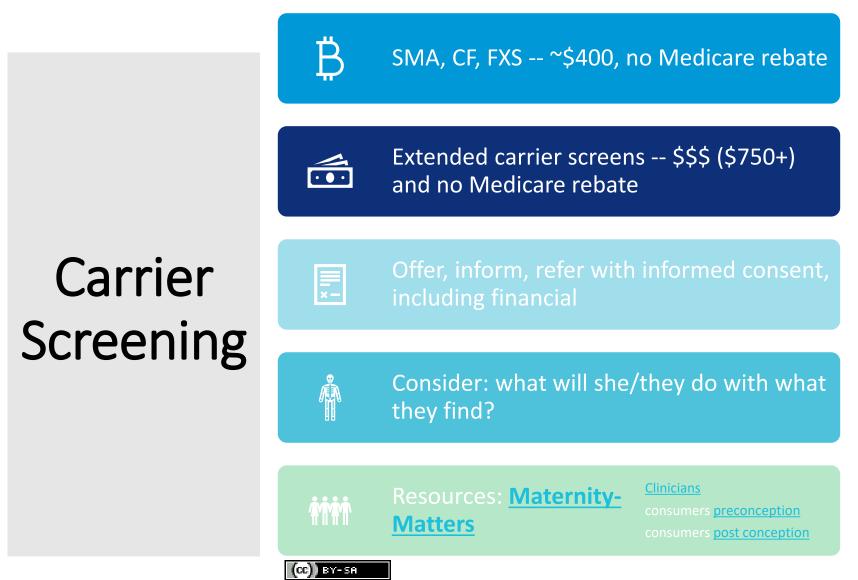
From May 1, 2020, not need to list a condition for women to receive a rebate for a NTS

For scans less than 12 weeks, the items apply when the scan is for "determining the gestation, location, viability or number of fetuses"

For the 12 – 16 week scan, Medicare rebates apply where clinically appropriate.

For scans after 20 weeks, there is a Medicare rebate for *only one scan* unless the scans are ordered by a DRANZCOG or FRANZCOG holder





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Mackenzie's Mission

ABOUT THE STUDY

Mackenzie's Mission will provide reproductive genetic carrier screening to 10,000 Australian couples who are either planning to have children or are in early pregnancy



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NTS + NIPT?



Please order NTS for first trimester scan if you are organising a NIPT for the most accurate, most comprehensive early anomaly testing:

• Ensures the correct, detailed scan is booked

Let radiology know if you have organised a NIPT and that you do not want the calculation of trisomy risk

PAPPA provides some risk assessment for pregnancy complications, but it is debatable whether this warrants the additional testing

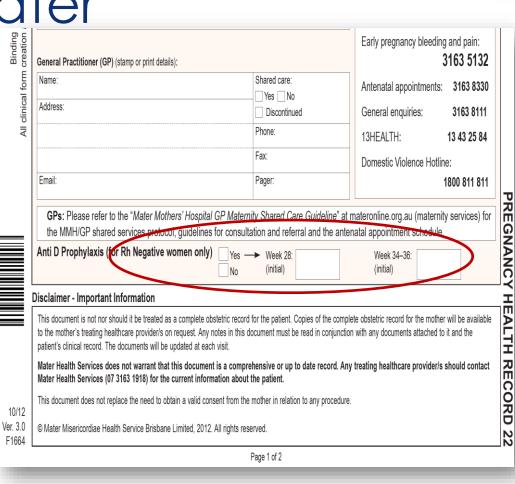
Presentation by Dr Glenn Gardener

Routine Anti-D prophylaxis mater

Anti-D can be ordered from the Red Cross via QML or Mater Pathology, who will deliver it to surgeries.

Please record the routine administration at 28 and 34-36 weeks on page 1 of the women's section of the PHR.

625 IU (125 μg) is recommended for ALL Rh negative women unless they are antibody positive. If they are antibody positive, they won't be having GPSC!



mater mothers' hospital



Routine Anti-D prophylaxis QHealth

Please record the routine administration on page 7 of the clinician's section of the PHR.

Immunisation						
Anti D Prophylaxis	Not required			Print name:		
(Rh D negative women only)	28 weeks					
wonnen only)	If <i>no</i> , reason:				1	
	Batch number:			Designation:	Signature:	
	34–36 weeks			Print name:		
	If <i>no</i> , reason:					
	Batch number:			Designation:	Signature:	
dTpa (diphtheria,	Yes No			Print name:		
tetanus and whooping cough)	Date given:	Gestation:	Batch number:	-		
vaccine	1 1	weeks		Designation:	Signature:	
Influenza vaccine	Yes No			Print name:		
	Date given:	Gestation:	Batch number:		1	
	1 1	weeks		Designation:	Signature:	
Other (specify)	Date given:	Gestation:	Batch number:	Print name:		
	1 1	weeks				
		weeks		Designation:	Signature:	



Administration of Anti-D

- Rh D immunoglobulin should be given slowly by deep IMI within 72 hours of a sensitising event
- Document in PHR and notify MMH (e.g., completed miscarriage 1st trimester, bleed 2nd or 3rd trimester – PAC review)
- RhD immunoglobulin can be ordered upon receipt of a signed and completed request form and delivered via routine courier service

a) Mater Blood Bank Fax 07 3163 8179

b) QML Blood Bank Fax 07 3371 9029

If your practice has an immunization fridge you may be able to order and keep a small supply.



Models of care information

N	later Mothers	Exceptional P	veople. Exceptional Care.	Type your search & press	
HOME	MATER MOTHERS' HOSPITALS	YOUR JOURNEY	MATER'S MOTHERS' GROUP	PRODUCTS	CONTACT U
Home > M	Mater Mothers' Hospitals > Mater Mothers' Hospital >	Choosing your maternity care			
Choos	ing your maternity care			Developing a birth pl	an
	thers' Hospital acknowledges that pregnancy tions for maternity care to meet your individu		d your family, and offers	Shared Care GPs	
aim to pro	r GP confirms your pregnancy, they will send a cess referrals within two weeks; however, this you are at the time of referral and whether or	can take several weeks deper	nding on how many weeks	Specialists	
when you	en receive a letter providing details of your fir are about 12 to 14 weeks pregnant. At this in care with the midwife.		en e	Visiting Hou	rs
Often, due about you	to demand, there can be delays to our proce r referral.	sses. Please contact your GP if	f you have any concerns	10 am to 1 pm 3 pm to 8 pm Rest period 1 pm to	3.000
Your choic	e of care will be affected by:			Rest period 1 printe	5 pm
 cor any cor 	ur wishes mplications that arose in a previous pregnancy y medical conditions that you now have iditions that may arise in this pregnancy ere you reside.	У		Contact Det Raymond Terrace,	ails
Mater Mot	thers' Hospital provides the following choices	for your maternity care:		South Brisbane QLE	0 4101
• put	neral Practitioner (GP) shared care blic obstetric care dwifery care			For general enquirie 07 3163 1918 or	
Read more	e information about Mater Mothers' Hospital	choices for maternity care.			
General	Practitioner (GP) shared care				
If there are	e no complications with your pregnancy, your		al care from their practice. your baby is born.	Location & Par	rking



Midwifery Group Practice

Quick Links

Midwifery Group Practice

How to book into the

program

- Your care
- Pregnancy Check-ups
- Frequently Asked Questions
- Further Information
- Contact details

Pregnancy—Midwifery Group Practice

Mater's Midwifery Group Practice (MGP) is designed to ensure that you receive dedicated, consistent care throughout your pregnancy, labour and birth, and during the early weeks after your baby is born. Your partnership with your 'named' midwife will mean that you will get to know each other very well, along with other MGP midwives



The program cares for women who are generally

well, and have little risk of complications. If complications do arise, the midwives liaise with Mater Mothers' Hospital's obstetric team, so that you and your baby will receive the specialist care you need, while still being supported by your midwife.

How to book into the program

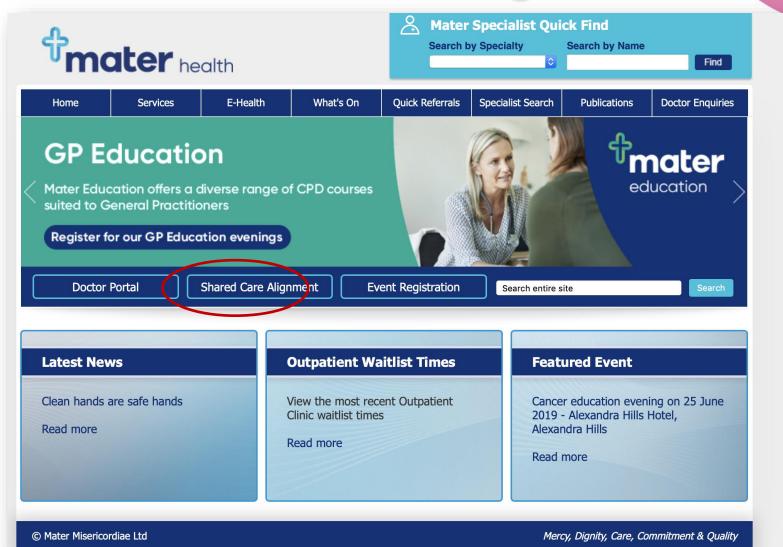
If you wish to participate in Mater's MGP you should be:

• planning to have a natural birth with no unnecessary interventions

Pregnancy Checklist Decide on where and how you wish to have your child-do you wish to be looked after privately or publicly? Do you wish to be looked after by a midwife, general practitioner (GP) or obstetrician? Screening for depression during and after pregnancy is recommended for all women. Depression is a common, significant complication both during pregnancy and after baby is born. When was your last Cervical Screening Test or Pap Smear? It is recommended that it is up to date. The following tests are recommended: Full Blood Count; Blood Group and antibodies; Rubella immunity, Hepatitis B, Hepatitis C, HIV and Syphilis serology and a urine test for kidney disease and infections. If you have a high risk of diabetes, you are advised to have a first trimester glucose tolerance test or HbA1c. Chicken Pox, thyroid, chlamydia, iron stores or vitamin D levels may be recommended, depending upon your history. Supplements of folic acid and iodine are recommended. Reliable information on safe use of drugs and alcohol, diet, exercise and lifestyle activities in pregnancy can be found on www.matermothers.org.au/journey, www.pregnancybirthbaby.org.au, www.raisingchildren.net.au/pregnancy Smoking during pregnancy is associated with significant health problems and if you are a smoker, we would like to work with you to help you to stop during this pregnancy, www.guitnow.gov.au It is recommended that alcohol be stopped as it is known to cause problems for you and/or your baby. If you are having difficulty stopping, we would like to work with you to help you to stop drinking alcohol. It is recommended that you have a free* influenza vaccine from your GP as soon as they are available. They can be safely aiven at any time in your pregnancy. If you are not sure when you fell pregnant, a scan is recommended to confirm how many weeks pregnant you are. There is a blood test (B HCG and PAPPA-A) and an ultrasound test (the Nuchal translucency scan) that can be done between 11 and 13 weeks of pregnancy. This test assists to determine your chance of having a child with genetic conditions including Down Syndrome, as well as confirming how many weeks pregnant you are and baby's anatomy. The noninvasive prenatal test (NIPT, cost ~ \$400) gives information about a limited range of chromosomal abnormalities, including Down Syndrome and there are tests for chromosomal conditions including cystic fibrosis, spinal muscular atrophy and fragile X syndrome (~\$400 for these 3 tests). These blood tests do not have any Medicare funding. An ultrasound test, the morphology scan, is recommended and usually done between 18 and 20 weeks of pregnancy to check on the position of the placenta, anatomy and development of the baby. It is recommended that you have a visit with your midwife or doctor to follow up the results of any blood tests or ultrasound scans as soon as practical after the test. Don't just assume everything is OK if you have not been contacted. If you have a Rhesus negative blood group, it is recommended that you have an injection, commonly called AntiD, if you have vaginal bleeding during pregnancy and routinely at 28 and 34 weeks. If you have any vaginal bleeding, it's very important that you let us know as soon as possible. Most Rh-negative women who bleed in pregnancy will require an injection within 72 hours of the bleeding starting. This significantly reduces the risk of you developing antibodies which could harm your baby. It is recommended that you have a free* whooping cough booster from 20 weeks' gestation in each and every pregnancy, even if the pregnancies are less than two years apart. At 26-28 weeks of pregnancy, your blood count and blood group antibodies are checked again and a glucose tolerance test is recommended, unless it is already known that you have diabetes. Visits are generally recommended every four weeks from week 12 until 28 weeks, every three weeks until 34 weeks and every two weeks until 40 weeks, with follow up at 41 weeks if you have not yet had your baby. If you have special needs or other health concerns, you may be asked to come in more often or you can choose to be seen more often. A blood test for anaemia is recommended at 36 weeks of pregnancy. If you choose to have Shared Antenatal Care with your GP, you will usually be seen at the hospital for a booking in appointment at 16-20 weeks (earlier if you are at higher risk) and 36 weeks. How do you plan to feed your baby? *There may be a fee to see your GP | Dr Wendy Burton | Creative Commons License | February 2021

PDF available for downloading or page 57 of the Mater Guideline mothers' hospita

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Tmater mothers' hospital

www.materonline.org.au/

Alignment program dates

Please visit the events page for program dates.

Click here if you would like to register an expression of interest for a Shared Care program.

Program resources

A range of program resources has been developed to assist in completing the MMH GP Maternity Shared Care Program and Advanced Program, and to enhance clinical knowledge and MMH referral processes.

mothers' hospita

Guidelines and policies

A list of guidelines and policies relating to GP Maternity Shared Care is available to assist you along with a MMH patient <u>catenment map</u>.

Aligned GPs

Once you are aligned and have given permission for your practice details to be listed they will appear on the <u>Mater Mothers' Hospital</u> website. Please advise the program administrator via email <u>mscadmin@mater.org.au</u> if your details need to be updated.

Patient Referrals

To refer an uninsured patient to Mater Mothers' Hospital please complete our antenatal referral form.

Further information

For further information about the Shared Care please contact the GP Liaison Midwife on telephone **07 3163 1861**, mobile 0466 205 710 or email <u>GPL@mater.org.au</u>.

For event registration enquires please contact the Program Administrator by email mscadmin@mater.org.au.

GP Advisors for the MMH GP Maternity Shared Care Alignment Program are supported by PHN Brisbane South.





Online Qhealth education resources

QHealth has a range of power points, video conferences, knowledge assessments and flowcharts available online which flow from their Maternity and Neonatal Guideline work.

GP relevant topics include

Covid-19 Obesity Early Pregnancy Loss Vaginal Birth after caesarean section (VBAC) Breastfeeding initiation Neonatal Examination Neonatal Jaundice

QHealth referral template



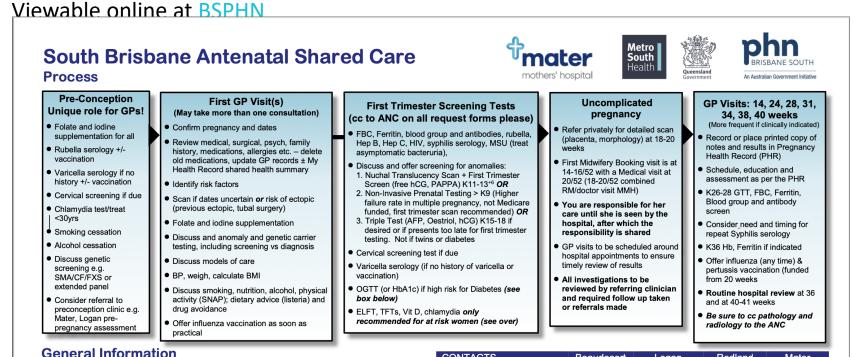
© State of Queensland (Queensland Hoath) 2016 http://creativecommons.org/licenses/by-nc-nd/3.0/au/deed.en	Weensland Government Maternity Booking In Referral	Hospital us Attach label or e						
ate of Queer mmons.org/	Medicare number:							
eathex	Please complete patient contact details in fu	III – to allow us to contact yo	our patient promptly					
tttp://cr	Patient details							
under:	Family name:	Given name(s):						
bensed	Date of birth: / /	Home phone:	Work phone:					
2	Address:							
	Next of kin name:		Phone:					
	Interpreter required? Yes No	Language:						
	Is the woman of Aboriginal or Torres Strait Islander origin? (both 'yes' boxes may be ticked) Yes, Aboriginal Yes, Torres Strait Islander No	Is the baby of Aboriginal or Torre (both 'yes' boxes may be ticked) Yes, Aboriginal Yes, Torr	-					
	If ineligible for Medicare, provide comments:							
	Referral to							
	To: Service:		Fax:					
	Referring doctor / clinician details							
	From:	Phone:	Fax:					
	Address:							
	Provider number:	Email:						
	Clinical details							
	LNMP: / / Certain? Yes No EDD: / / Last pap smear: / / BMI:							
	Nuchal translucency plus first trimester serum screen (11-13 week	eks + 6 days): Discussed? 🗌 Yes	No Ordered? Yes No					
	NIPT:	Discussed? Yes	No Ordered? Yes No					
	Chorionic Villus Sampling (CVS) OR Amniocentesis	Discussed? Yes	No Ordered? Yes No					
	Morphology diagnostic ultrasound (18-20 weeks):	Discussed? Yes	No Ordered? Yes No					
	Routine antenatal tests orders at: (please send copies with referr	al) S&N QML Other:						
	I have made a booking to administer dTpa at or after 28 weeks: Yes No	I have administered the influenz						
	Significant obstetric history: Gravida: Para:	M/C: Ectopic:	TOP:					
	Significant medical / surgical history:							
	Medication list:							
	Allergies:							
71a	Smoking status: cigs / da	y Alcohol:	drinks / day					
SW0.	Warnings and alerts:							
Ĩ	Other comments (e.g. social concerns):							
	Referring doctor's / clinician's signature:		Date: / /					
ļ		e 1 of 1						

Preinstalled in BP under QHealth Maternity and available for <u>download</u> in MD

If you really want a PDF, it lives <u>here</u>

10/19 Print form 10/19 Print form	Binding margin - do not write. Do not reproduce by photocopying. All dirical form creation and amendments must be conducted frequip. Health thomatics.	choice of appropriate markets or pre-the service who will be incompared and the service of the s	trigs_use Mater. Medicare ineligible, cents will incur a fee for appointments/ treatment incor number must be revised before "okings can be processed. Policy number Policy number Policy number Very Oth excision and Torres Strait Islander No No Is the patient of refugee background? Yes No Is the patient of refugee background? Health Services) Referral date and whose EDC is Weight Height Height BMI It? Yes No
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Tmate		Surname					
		Given Names					
ANTENATAL	REFERRAL		Given Names	5			
Fax number:	07 3163 8053		Date of Birth			Sex	Female
Medication name	Strength	Dose	M	edication ı	name	Strength	Dose
			_				
Models of care							
have discussed models o		man wou	ld like:			_	
3P Shared Care? Yes				ompleted the M			Yes No
have completed an alignment	· _	owing hospi	ital		Date o	ompleted	
faligned and not for GPSC plea /lidwifery care? Yes	-		Midwife	ry Group Practi	ce? 🗌 Yes	No	
Second choice if Midwifery Grou			Minimited	y oroup r raca			
Relevant investigatio		estigati	ons or res	sults)			
Pathology s	ervice provider					•	
Pap smear or cervic		'es 📃 No				sults? Norr	
Screening for fetal anomalie R		′es 📃 No ′es 🔲 No			Testing acce	pted? 📃 Yes	No
First trimester HBA1c for BI	, ,			OS or previous	macrosomic	baby? 📃 Yes	No
18/40 morphology ultraso					11-1	FBC? Yes	No
Kub	ella serology? 📃 Y HIV? 🥅 Y		-		Syphilis serv	l/C/S? 📃 Yes bloqy? 🔲 Yes	No No
-	o & antibody? 🔲 Y			He	epatitis B ser	ology? 🔲 Yes	No No
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Referring Doctor's de	talls (please com	piete all fiel	ds clearly or al		rovider numb		
Practice address				r	rovider numi	er	
Phone number				Fax number			
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Mater staff use only							
	Referral accept	ed Age	E	EDC		Current gestati	
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First appointment midwife Medicare eligible	Medicare ineligible /			d of date of first edicare ineligib			
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		CONTACTS	Beaudesert	Logan	Redland	Mater		
h Risk for Diabetes in Medical Diagona ar		Contact Details for Referrals, Fathology						
Brognonov2 Medical Disease of	Mothers	Hub fax (for initial referral)	Central	Central Referral Hub: 1300 364 248				
	 If antibody negative, 	ANC fax (for updated information)	5541 9132	3299 8202	3488 3436	3163 8053		
Previous GDM or baby > 4500g, polycystic ovarian syndrome, Hospital ANC referral:	offer 625 IU anti-D at	Secure e-Referral	Medical C	edical Objects or HealthLink available for all cen				
strong family history, glycosuria, Hospital ANC referral:	28 and 34 weeks and for sensitisng events	ANC phone	5541 9144	3299 8527	3488 3434	3163 1861		
BMI > 30, maternal age ≥ 40,	, s	For Urgent Referral or Advice						
ethnicity consultant within same week	 Dose can be given at local Hospital; or 		O&G Registrar/GP Obs on Call	5541 9174	3299 8027	3488 3758	3163 6611	
OGTT by 12 weeks (or HbA1c if Please specify urgency and		Obstetrician on call	-	3089 6963	3488 3111	3163 6612		
OGTT not tolerated). URGENT reasons in the referral letter Hospital ANC referral if	 Dose can be given by GP—order via Fax 	Triage Midwife	5541 9144	3299 8811	3488 3044	3163 1861		
abnormal (Fasting > 5.1 mmol or Refer to local service who will	from QML or Mater	Mental Health (MH) Services	3089 2734	3089 2734	3825 6000	3163 7990		
1-hr ≥ 10 mmol or 2-hr ≥ 8.5	Blood Bank, delivered	For urgent MH referral/advice	1300	642255 (1300 MH	CALL) for all cent	tres		
mmol; HDA1C 25.9)	via courier to surgery	Pregnancy Complications						
Please specify reason and include Be sure to cc pathology and radiology and give women a	 QML 3371 9029 	Complications, e.g. bleeding,		<20 3299 8456		D		
a copy of the results in the referral	 Mater 3163 8179 	pain, threatened or incomplete	On-Call GP	>20 3299 8811	On-Call	Pregnancy Assessment		
letter to your local service.		miscarriages, phone 24/7 Haemodynamically unstable women? Direct to ED/PAC	Obstetrician 5541 9111	EPAU FAX 3089 2016 ED: 3299 8899	Obstetrician 3488 3111	Centre (PAC) 3163 6577		

Modified by BSPHN and MMH from an original created by Drs Michael Rice, Mano Haran and Heng Tang

Version October 2020

www.materonline.org.au | www.bsphn.org.au

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Referral process

- Women with pre-existing medical conditions identified in the antenatal referral don't need separate referrals to specialist clinics. The obstetrician will sort it out at the first visit
- If a woman *develops* a medical condition after referral, fax a new referral to ANC with results
- GDM testing positive? NOTIFY antenatal clinic promptly



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Results acknowledgement and follow up

If you order it, you are responsible for follow up and referrals

- The cc result is not seen by clinicians until contact with the woman is made
- What to you do with what you have found is in the MMH GP Maternity Shared Care <u>Guideline</u>
- Unsure? Phone a friend



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Who can you call?

For clinical advice or if a woman requires urgent review: **ANC Consultant: 3163 1330**

Mon-Fri 830 – 1630 and Fri 830-1230

- Obstetric/gynae registrar: 3163 6611*
- Obstetric consultant: 3163 6612*
- Obstetric Medicine registrar page via switch 3163 8111*

*available prn 24 hours

The GP Liaison office is open Mon - Fri 0730 - 1600 for general advice and assistance.

Telephone 07 3163 1861 (you can leave a message) mobile 0466 205 710 or email <u>GPL@mater.org.au</u>





The referral pathway

- All women should be referred to their local obstetric hospital
- A comprehensive referral = appropriate triage
- Local obstetricians will liaise with or refer women onto MMH prn
- If complications arise, contact her *local* obstetric service, they can sort it out



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Pertussis Immunisation

Since April 2019, funded from 20 weeks (was 28) for every pregnancy

Best given from 20-32 weeks, but ok and funded up until birth

Why the change?

- Protection of premature babies
- Similar antibody levels in cord blood from 2nd and 3rd trimester vaccination, with perhaps even higher levels from the 2nd trimester immunisation
- It is safe for both mum and bub
- We will now have a broader target to hit





Pertussis Immunisation

- For simplicity's sake, change practice and immunise women for pertussis with review of their morphology scan if seen at or after 20/52
- If a woman has received a pertussis before 20 weeks, it does not have to be repeated in the current pregnancy. The data shows transfer of antibodies as early as 13 weeks

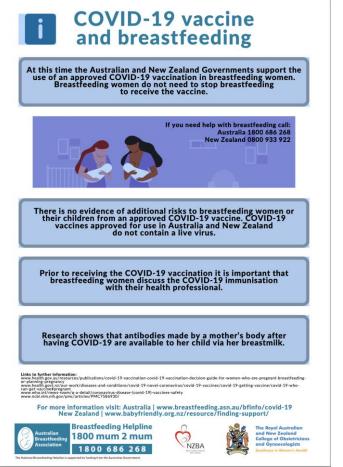
PS, Influenza

 The influenza vaccine can be administered at any gestation and provides additional protection for the first six months of an infant's life





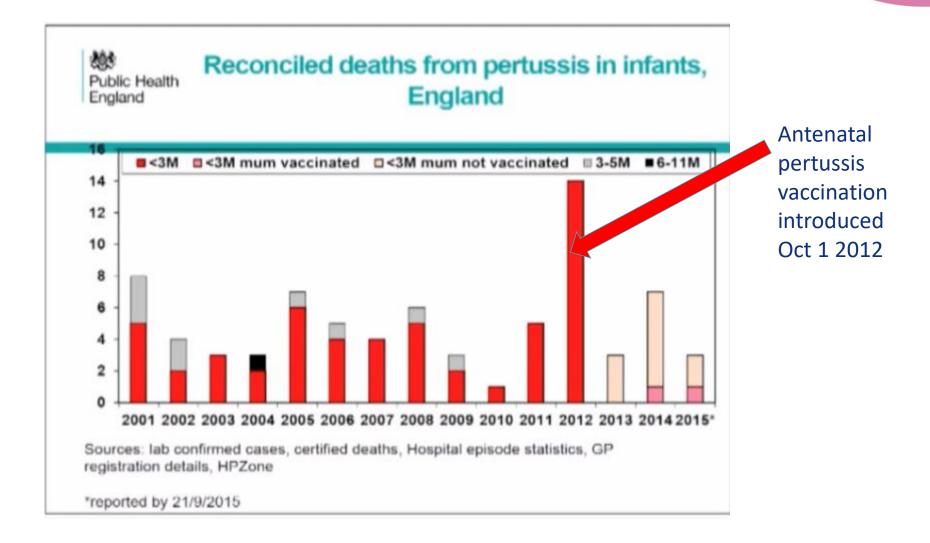
Covid Immunisation



- <u>RANZCOG</u> "Although the available data do not indicate any safety concern or harm to pregnancy, there is insufficient evidence to recommend routine use of COVID-19 vaccines during pregnancy."
- There are no concerns about using preconception nor while breastfeeding
- Overseas experience is that there are no emerging issues/concerns



UK pertussis deaths in infants





Serological testing for varicella immunity from infection and/or vaccination

- Check preconception ? History of infection or x 2 vaccines
- If no history of infection or vaccination, can test for infection or give vaccines PRIOR to conception

No point testing for seroconversion after vaccination – the test is not sensitive enough to confirm protection!

- Protection (commensurate with the number of vaccine doses received) should be assumed if a child or adult has documented evidence of receipt of age-appropriate dose(s) of a varicella-containing vaccine
- <u>Reference</u>

Safer Baby Bundle

5 key messages:

- 1. Smoking matters
- 2. Growth matters
- 3. Movements matter
- 4. Sleep position matters
- 5. Timing of birth matters

Resources, including free Learning modules are available online

Learn ways to prevent stillbirth based on the latest research and clinical best practice.



moking is one of the main ca tillbirth. Quitting at any time during our pregnancy reduces the risk of han o your baby. However, quitting as early is you can means a better start in life our baby. Free help with



#GrowingMatters 'our baby's growth will be regularly neasured during pregnancy to check th re growing at a healthy rate. If your bab ows signs of not growing well end itor the growth of your baby clouss with you how to manage thi



#MovementsMatter It is important to get to know the t is important to get to know the pattern of your baby's movements. If you are concerned about your paby's movements, particularly from 28 weeks, contact your midwlfe or octor immediately. Do not wait fo pert checkur



#SleepOnSide ing-to-sleep on your side om 28 weeks of pregnancy an reduce your risk of stillbirt mpared with going-to-sleep your back. Either left or rig



#LetsTalkTimin and birth as safe as pos and your baby. It is important to

Safer Baby WORKING TOGETHER TO REDUCE STILLBIRTH

The Safer Baby program is a new evidence based initiative to reduce the number of babies that are stillborn in Australia.



Decreased fetal movements?

Refer promptly to the pregnancy assessment centre (PAC) as review for CTG monitoring is recommended

Consumer resources are available at <u>Movements</u> <u>matter Still Aware</u>

mothers' hospita #movements matter Your baby's movements matter. What should I do? Why are my baby's movements important? If your baby's movement pattern In any instance, if you are changes, it may be a sign that concerned about a change in your they are unwell. baby's movements, contact your midwife or doctor immediately. Around half of all women who had a stillbirth noticed their baby's movements had slowed down You are not wasting their time. or stopped. How often should my baby move? What may happen next? There is no set number of norma Your midwife or doctor should ask you to come into your maternity unit (staff are movements. available 24 hours, 7 days a week), You should get to know your baby's own unique pattern of movements. Investigations may include: Checking your baby's heartbeat Babies movements can be described as anything from a kick or a flutter, to a swish or a roll. · Measuring your baby's growth Ultrasound scan You will start to feel your baby move between Blood test weeks 16 and 24 of pregnancy, regardless of where your placenta lies. **Common myths about baby movements** It is not true that babies move less towards the end of pregnancy. You should continue to feel your baby move right up to the time you go into labour and whilst you are in labour too. If you are concerned about your baby's movements, having something to eat or drink to stimulate your baby DOES NOT WORK. FIND OUT MORE: movementsmatter.org.au Endorsed by: Royal Australian and New Zealand College of Obstetrics and Gynaecology (RANZCOG), Bears of Hope and Sands and below. We thank Tommy's UK for allowing us to adapt their campaign for our purpose. Contact us at stillbirthcre@mater.ug.edu.au Tommy's α



Antenatal item numbers

- 16500 Rebate \$41.35 Antenatal Attendance
- Telehealth 91853 Telephone 91858
- **16591** Rebate \$125.05 "Planning and management, by a practitioner, of a pregnancy if:
 - (a) the pregnancy has progressed beyond 28 weeks gestation; and
 - (b) the service includes a **mental health assessment (including screening for drug and alcohol use and domestic violence**) of the patient; and
 - (c) a service to which item 16590* applies is not provided in relation to the same pregnancy Payable once only for a pregnancy"
 - (16590 = planning to undertake the delivery for a privately admitted patient)

Postnatal item numbers

16407 Postnatal professional attendance

(other than a service to which any other item applies) if the attendance:

- (a) is by an obstetrician or general practitioner; and
- (b) is in hospital or at consulting rooms; and
- (c) is between 4 and 8 weeks after the birth; and
- (d) lasts at least 20 minutes; and
- (e) includes a mental health assessment (including screening for drug and alcohol use and domestic violence) of the patient; and

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(f) is for a pregnancy in relation to which a service to which item 82140 applies is not provided (participating midwife)

Payable once only for a pregnancy

Fee: \$73.95 Benefit: 75% = \$55.50 85% = \$62.90 (compared with 36, Benefit \$73.95)

16408 Home visit

for a woman who was admitted privately for the birth. Midwife (on behalf of and under the supervision of the medical practitioner who attended the birth) Obstetrician or GP can claim. 1-4 weeks post partum, at least 20 min duration

Fee: \$55.05 Benefit: 85% = \$46.80